ALASKA PACIFIC UNIVERSITY

Position Title: Fitness Instructor Date: July 2011

Department: Recreation Programs Classification: Exempt

Supervisor: Amanda Montavon Hours: Variable

Category: Part time Days of work: Variable

Pay Range: $25/hour Hours of work: Variable

Primary Scope of Position:

To teach one of the following fitness courses: Water Exercise, Yoga, Pilates, Turbo Kick, Kick Boxing, Zumba, Aerobics, Dance, or any other fitness style class.

Principal Duties:

1. Must be properly trained and have significant experience teaching a specified fitness class
2. Must be well organized and prepared for each class
3. Must be able to adapt the class to a variety of fitness levels
4. Must be reliable and on time for all classes
5. Must communicate any concerns to the Director/Asst. Director for Rec. Programs

Qualifications:

- Must have appropriate certifications and/or significant experience teaching a specified fitness class.
- If the position requires certification(s), they must be kept current through the duration of this position and is the responsibility of the employee to keep current.

Recommended:
First Aid/CPR