



SPRING CREEK FARM CSA

COMMUNITY SUPPORTED AGRICULTURE
SUPPORTING
ENROLLMENT INFORMATION AND FAQs
springcreekfarm@alaskapacific.edu



PRODUCTION

Providing fresh vegetables for shareholders, charities and other customers

EDUCATION

Gathering and sharing information on agriculture and food systems in Alaska

ENGAGEMENT

Offering opportunities for on-farm participation and community building



WHAT IS A CSA?

CSA stands for community supported agriculture, a concept conceived in order to support small farms that wish to market their products locally and directly to customers in their communities. Customers purchase CSA shares at the beginning of the season and receive a distribution of vegetables each week throughout the farm season.

By paying up front, CSA members support small farms by sharing in the risk of growing vegetables. The idea has helped support local food production around the country and the world and encourages customers to get to know their farmers directly, shortening the food chain and giving people access to information about how their food is grown.

WHAT'S IN A CSA SHARE?

Spring Creek Farm produces a wide range of vegetables including lettuce, mixed salad greens, carrots, beets, potatoes, tomatoes, cucumbers, peppers, herbs, broccoli, cauliflower, Brussels sprouts, cabbage, napa cabbage, bok choy, kale, swiss chard, peas, turnips, radishes, zucchini and more.

In June and early July, your share will include more leafy greens and salad items. In July and early August we will add some root vegetables like carrots and beets in addition to larger items like cauliflower, broccoli, tomatoes, cucumbers and zucchini. In the fall, we will keep distributing many of those vegetables while adding the heartier fall crops: potatoes, Brussels sprouts, and more root vegetables.

WHY CHOOSE SPRING CREEK FARM?

Spring Creek Farm's CSA program is unique because it is affiliated with Alaska Pacific University. As a non-profit, our efforts on the farm go beyond commercial production of vegetables. We like to think of ourselves as not only a Community Supported farm, but also a Community *Supporting* farm. By supporting us, you help us support APU Kellogg Campus' Mission of serving as "a center for sustainable and socially responsible living through collaborative processes of project-based learning about resilient foods systems and renewable, innovative design." We do this through three strategic initiatives:

PRODUCTION

We provide fresh, healthy, local, and naturally grown food for members of the APU, ANTHC, and greater Palmer and Anchorage communities. We also grow vegetables for the Alaska TILTH program, which helps low-income individuals access locally grown vegetables. For the first time this year, we are implementing a sliding scale payment option in order to facilitate more equitable access nutritious, local food.

EDUCATION

Our farm is a living classroom that conducts research and offers educational opportunities promoting local, sustainable, inclusive food systems adapted to Northern Climates.

On-going educational projects include cover cropping demonstrations, our summer internship, visits from public school classrooms and home school groups, and workshop series for Tribal Conservation Districts and other community members through our AK Resilience Farms collaboration.

ENGAGEMENT

At Spring Creek Farm, we believe that small, locally supported farms can play an active role in cultivating inclusive, supportive and resilient communities. By purchasing a CSA share with us, you are helping us to build local partnerships and increase educational programming for local and indigenous foods.

As a CSA member, you can take part in our community farm days, and you might even meet a new friend at our farm stand during pick up!





IS SPRING CREEK FARM ORGANIC?

While Spring Creek Farm does not pay to be Certified Organic through the USDA, we use practices that match or exceed those standards. We have never used chemical fertilizers or pesticides on our fields, and manage soil and plant health through cover cropping, the addition of compost and organic fertilizers, crop rotation, and natural pest management techniques. If you have any other questions about our growing practices, please contact us!

HOW BIG IS A CSA SHARE?

We offer two share sizes. A large share contains enough fresh vegetables to feed a typical couple or small family each week. A half share is designed to meet the vegetable needs of an individual or couple. A large share will range from 7-15 items and weigh approximately 6-15 lbs a week. A small share will range from 5-10 items a week, and weigh approximately 4-8 lbs.

WHEN DOES THE CSA START?

The CSA begins the second or third week of June, depending on the weather.

HOW LONG DOES THE CSA LAST

The CSA program runs for 18 weeks.





WHO WILL BE GROWING MY FOOD?

Ben Swimm, the Farm Manager at Spring Creek, has ten years of farming experience in Alaska. In addition to managing APU's farm since 2019, Ben is a managing partner of his own local farm business, Brown Dog Flower Farm, and managed St. Lawrence University's Sustainability Semester farm from 2012-2015.

Leah Corbin, Assistant Production Manager, returns this year for a second season growing with Spring Creek Farm. Before arriving in Alaska, Leah spent five years working on both organic and conventional vegetable farms in Vermont. She attended the University of Vermont for Sustainable Agriculture, graduating in 2021.

Ben and Leah work with groups of students, farm interns, community partners and volunteers to grow the vegetables at Spring Creek Farm.

HOW DO I SIGN UP?

We now have an online registration and payment option, which you can find on the APU website. Registration opens in February and lasts until the end of March or our program fills to capacity.

WHAT IF I CAN'T PICK UP A SHARE?

If you cannot pick up your share on a given week, you may designate a friend or neighbor to pick up for you. Unfortunately, we cannot provide "make-up" shares for people that have missed pickups. With notification, however, shares can be picked up at the the farm in Palmer between the scheduled pickup day and Sunday evenings. Missed shares that are unspoken for are donated to the Mat-Su Food Bank or another local nonprofit fighting hunger.



WHAT'S NEW THIS YEAR?



NO PRICE INCREASES

Last year the prices of our shares went up to cover costs, and we also introduced a sliding scale payment option. This year our prices are staying the same as last year, and we are keeping our sliding scale program.

WORKSHOPS AND FARM TRAINING

In addition to the educational farm internship we offer each year, along with partner organizations, we are working with Tribal Conservation Districts across the state to host knowledge exchanges and farming workshops. We are also beginning work with UAF and a solar developer to provide training for farm technicians performing research in agriculture plots located between rows of solar panels.

ONLINE REGISTRATION

This year we will once again have an online registration and payment option. You can find the payment site by navigating to our Community Supported Agriculture page on the [APU website](#).

**FOR QUESTIONS OR ENROLLMENT FORMS
PLEASE CONTACT US AT:
SPRINGCREEKFARM@ALASKAPACIFIC.EDU**