



Campus Life Handbook 2017-2018







Frequently Used Phone Numbers

Campus Safety	(907) 564-8888
Resident Assistant (RA) On-Call	(907) 244-7955
Academic Support Center (ASC)	(907) 564-8280
Admissions	(907) 564-8248
ASAPU Office	(907) 564-8283
Campus Life	(907) 564-8299
Campus Store (Base Camp)	(907) 564-8218
Career Services	(907) 564-8345
Climbing Wall	(907) 564-8308
Dean of Students	(907) 564-8287
Dining Services	(907) 564-8389
Facilities and Maintenance	(907) 564-8320
Gear Room	(907) 564-8614
Ground Theory (Coffee Cart)	(907) 564-8688
IT Help Desk	(907) 564-8350
Moseley Sports Center	(907) 564-8314
Registrar	(907) 564-8210
SFS (Financial Aid)	(907) 564-8341
Student Accounts	(907) 564-8352
Student Activities	(907) 564-8238

Frequently Used Emails

Admissions: admissionsoffice@alaskapacific.edu
 ASAPU: asapu@alaskapacific.edu
 Campus Life: housing@alaskapacific.edu
 Campus Safety: campussafety1@alaskapacific.edu
 Dean of Students: dosoff@alaskapacific.edu
 Dining: diningservices@alaskapacific.edu
 Facilities and Maintenance: maintenance@alaskapacific.edu
 IT: ithelpdesk@alaskapacific.edu
 Moseley Sports Center: moseley@alaskapacific.edu
 Outdoor Programs: OP@alaskapacific.edu
 Registrar: regoff@alaskapacific.edu
 SFS: sfs@alaskapacific.edu
 Student Accounts: studentaccounts@alaskapacific.edu
 Student Activities: studentactivities@alaskapacific.edu



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APU Statements

Vision:

A leading active learning community igniting personal passion, self-discovery, and deep learning.

Mission:

A small private liberal arts and sciences university providing personalized, experimental, hands-on instruction “in the field” with Alaska as its primary classroom.

Values: ALASKA

Applied research projects; faculty working collaboratively with students in relevant real world settings.

Leadership, moral character, creativity, responsibility, and self-direction.

Abilities: think critically, reason analytically, solve problems creatively, work in teams effectively.

Student engagement, student-centered.

Knowledge to spark personal, moral, and spiritual growth.

Acknowledging and honoring the commitment to serve Alaska Native peoples.

Core Themes

- ◆ Academic Excellence in all programs and services. (AE)
- ◆ People Focused for students, staff, faculty, and trustees. (PF)
- ◆ Unique Learning Environment employing experimental and applied learning in Alaska using small, personal classrooms. (ULE)
- ◆ Sustainability of the triple bottom line—people, profit, and planet. (SP3)



Your Guide to Life on Campus

Welcome to APU! We hope that your year with us will be pleasant and comfortable. The Campus Life Staff strives to make the residence halls a “home away from home” for our students. We are dedicated to the social and mental well-being of our residents, as well as their physical comfort while living on-campus. We are pleased to provide a safe environment conducive to the educational, social, and overall developmental growth of all residents. We work to promote the concepts of wellness and community to those living within our halls as well as to the University as a whole. It is our hope that you will spend time getting involved in your new community, getting to know your neighbors, and gaining friendships that will last a lifetime.

This handbook and guide to life on campus is full of information to assist you in developing a strong community base here at APU. The information will provide you with ways to get involved, meet staff members, and take care of this great community. The guidelines in this book are here to help you create a living and learning community where your rights and efforts as a student are valued, encouraged, and supported.

These guidelines are meant to keep you safe, comfortable, and healthy, as well as aid you in being a successful student and community citizen. Read it carefully and keep it for reference. The policies outlined in this handbook are the official policies of the Campus Life Office. This guide is an extension of your housing contract with Campus Life, and an addendum to the Student Handbook.

You will be responsible for the information contained within this handbook and will be expected to adhere to the guidelines set forth within it, as well as the guidelines in the Student Handbook, and the terms of your Housing Contract (see pages 70-71 for more information).

This handbook does not replace the agreement of your housing contract you signed, which are the terms and conditions of living on-campus and in the community. However, this handbook attempts to expand on them and explain your agreement more fully.

Again, welcome to APU. We look forward to getting to know you and having you be a part of our outstanding community!

~The Campus Life Staff

Residents' Rights and Responsibilities

All residents in housing regardless of gender, gender expression, gender identity, sexual orientation, race, ethnicity, age, ability, economic status, religion, military or veteran status, or culture have the rights and responsibility to:

All residents have the right to:	All the residents have the responsibility to:
Have access to information about Campus Life policies, procedures and amenities.	Read one's Housing Contract, Campus Life Handbook, and APU Student Handbook.
Sleep, read, and study, free from undue interference in one's room, pursue individual interests, make friends, and have fun.	Be aware of one's personal noise level and any distractions one may cause a suitemate, roommate, or other community member.
A clean environment in which to live.	Contribute to creating a clean environment, meeting the standards of Campus Life and Campus Safety's Health & Safety Inspections, and adhering to one's Housing Contract and Campus Life Handbook.
Have access to one's room and facilities.	All residents are responsible for their student ID and key to gain access to their building/ unit and room.
Personal privacy.	Respect others' personal privacy and maintain the safety of one's personal belongings.
Address grievances.	Address conflict, either personally or by contacting a Campus Life staff member to assist in settling any conflict.
Be free from physical and verbal harassment, fear, intimidations, and/or physical harm.	Be aware of how one's words, actions, and beliefs impact others.

Housing Requirement

Research on the residence experience indicates that students living on-campus tend to earn higher grades, express more satisfaction with their college experience, are less likely to drop out, are more involved in campus activities, and experience greater personal growth. In short, the residence experience contributes significantly to a student's education.

For these reasons, APU has made living on-campus part of its educational design.

All incoming freshman under the age of 21 years of age are required to live on campus their first two years. This also applies to incoming transfer students who have fewer than 32 credit hours. Early Honors students who elect to live in the Residence Halls will also be held to a similar housing standard and expectation. Students meeting the following criteria may submit an exemption request and may be approved upon receipt and review of a complete "Request for Exemption of Housing Requirement" form and any required supporting documents:

- ◆ Students who are at least 21 years old prior to the first day of classes of their first term at APU.
- ◆ Married students and/or students with dependent children.
- ◆ Students with a documented medical hardship.
- ◆ Students who have earned 32 or more credit hours from an accredited college/university.

Other requests will be considered on a case-by-case basis. All exceptions must be approved by the Campus Life Office.

Is on-campus living really a better value than renting off-campus?

When compared with off-campus rentals, on-campus living is often less expensive and more convenient. On-Campus living fees include the cost of all utilities, shared dish network (North and South Atwood), internet service, 24-hour on-call assistance, and exclusive in-hall entertainment, with no additional deposits, connection, service, or cancellation fees. In addition, on-campus students don't have the hassle of subletting or paying needless rent for an empty space during the summer.

Meal Plan Requirement

All on-campus students are required to have a meal plan that is already included in the cost of their housing. Students living in North and South Atwood are placed on the Gold Meal Plan. Students in Segelhorst Apartments and University Village are placed on the Silver Meal Plan. Students on the Silver Meal Plan may elect to upgrade to the Gold Meal Plan within the first two weeks of the semester.

Meal Plan Requirement Continued

Gold Plan (North and South Atwood)

19 Meals a week (“all-you-care-to-eat” style), at the dining hall plus a declining balance of \$50.00 that can be used at the dining hall, coffee cart, and Farmer’s Market (when open).

Silver Plan (Segelhorst and University Village)

A declining balance of \$500.00 that can be used at the dining hall, coffee cart, and Farmer’s market (when open).

How to Apply for Housing

1. Review the information in this handbook.
2. Apply online (priority deadline is May 30th)
<https://ssl.alaskapacific.edu/housing/housing.aspx>
3. Pay the \$400 housing deposit (credit card, check, or money order). Due by August 1 (fall move in) and December 15 (spring move in). A \$35 Residence Hall Council (RAP) fee will be charged to your student account when you are assigned a room.

Pay via credit card online at <https://www.alaskapacific.edu/payonline/>
Pay via credit card over the phone by calling (907) 564-8352.

Mail your check or money order to:

Alaska Pacific University
%Campus Life
4101 University Drive
Anchorage, AK 99508

If you have any further questions please contact the Campus Life Office at **(907) 564-8299** or via email at **housing@alaskapacific.edu**.

The Office of Campus Life

4455 University Drive
Anchorage, AK 99508

P: (907) 564-8299
F: (907) 564-8806

Hours of Operation: Monday-Friday, 9:00 AM-5:00 PM, excluding University Holidays

Community Expectations

The Campus Life Office of Alaska Pacific University strives to provide a safe environment conducive to the educational, social, and overall developmental growth of residential students. We work to promote community to those living within our halls as well as to the University as a whole.

We believe the success of every APU residential student rests on adherence to this principle of community. This principle provides the foundation for interaction between and among all members of the University. We encourage the members of this residential community to contribute to the following principles:

- Educationally Purposeful**—a place where faculty, staff, and students share academic goals and strengthen active learning on campus.
- Open**—a place where free speech is protected and civility is equally affirmed.
- Just**—a place where each person is honored and where diversity is pursued.
- Disciplined**—a place where individuals accept their obligations to the community and where well defined governance guides behavior for the common good.
- Caring**—a place where the well being of each member is supported and where service to others is encouraged.
- Celebrative**—a place where the heritage of APU is remembered and where tradition and change are practiced.

We encourage every resident to be mindful of these principles as they pursue their own interests on Alaska Pacific University’s residential campus.

Campus Life’s Educational Focus

The Campus Life staff is committed to student learning and development. Our staff and organizations provide opportunities for students to grow and realize their potential, not only intellectually, but also socially and emotionally. Programs stimulate and encourage academic, personal, and intellectual interest and achievement, expand knowledge, and highlight learning and growing as a vital component of daily living. Recreational and social activities can help students relieve stress, meet people, engage in social interaction, and build quality relationships. A student’s personal growth may come from relationships formed during participation in residence hall and campus activities.

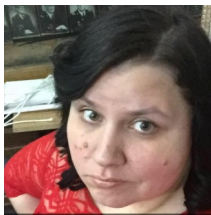
Campus Life Staff

The Office of Campus Life

From the day you move on campus, we hope that you will find the Campus Life Office, Resident Resource Room (R3), and our staff to be a helpful resource for you. We strive to make our residence halls more than a place to sleep. We work to facilitate the development of a thriving campus community. All staff members have special training and experience in counseling and working with the issues associated with succeeding in college. Our full-time professional staff, as well as student staff members are here to make your life on campus safe, educational, exciting, and fun! The Director and Assistant Directors are on call 24/7 for campus emergencies.

Director of Campus Life: The Director of Campus Life (DCL) maintains the oversight and overall responsibility of all Campus Life operations. The DCL's goal is to provide an environment conducive to academic excellence and an appropriate social living environment. The DCL also coordinates all resident student discipline and conduct violations. The DCL can be reached at (907) 564-8299 or by stopping by the Campus Life Office on the first floor of the Atwood Center. She is available during posted office hours to respond to the needs of students. In addition, the DCL lives on campus in University Village and can be reached there in case of emergency. The DCL supervises the Assistant Directors, Resident Assistants, and Office Assistants.

Manda Hill came to Alaska in August of 2014 from Huntsville, AL. She is a graduate of Graceland University '09, with a B.A. in Psychology and The University of South Dakota '12, with an M.A. in Political Science, International Relations, and Higher Education. Manda spends a lot of time reading, practicing at the archery range, gaming, volunteering, creating art, and finding new ways to expand on her favorite nerdoms. She is also taking her time to explore all the wonders that Alaska has to offer. Though she enjoys being in Alaska, Manda will try to make a trip home at least once a year to the small town of Perry, IA.



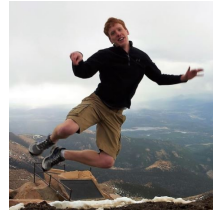
Manda Hill, Director

Assistant Director, Student Programs & Activities: The Assistant Director for Student Programs and Activities (AD) has primary responsibilities in community development, educational and social programming, and working with the Resident Assistant Staff. The AD will work collaboratively with student groups and other departments to increase the variety and scale of activities provided to all students at APU. The AD can be reached at (907) 564-8238 or by stopping by the Campus Life Office on the first floor of the Atwood Center. He is available during posted office hours to respond to student needs. In addition, the AD lives on campus in North Atwood and can be reached there in case of emergency. The AD supervises the in-hall

Campus Life Staff

programming efforts of the Resident Assistants.

Chandler Stroup came to Alaska in June of 2017 from Cumberland, MD. He graduated from Frostburg State University with a Bachelor's Degree in Geography in 2012 and a Master's Degree in Education in 2014. When not working, Chandler enjoys running, hiking, playing/trying any sport, and watching movies!



Chandler Stroup, AD

Assistant Director, Campus Safety: The Assistant Director of Campus Life for Campus Safety has primary responsibilities overseeing the general safety aspects of the APU campus and office functions. The Campus Safety Office is also responsible for administering parking passes and safety notices to campus. The AD leads all Health and Safety inspections. The AD can be reached at (907) 564-8311 or by stopping by the Campus Life Office on the first floor of the Atwood Center. He is available during posted office hours to respond to student needs. In addition, the AD lives on campus in University Village and can be reached there in case of emergency. The AD supervises the Nighttime Campus Safety Officer and Student Campus Safety Officers. The AD also advises the Resident Activity Programmers (RAP).



Tyler Eggen, AD

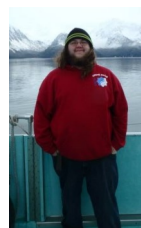
Tyler Eggen has been a member of the Campus Life staff since July 2013. He is originally from Haines and Sitka, AK. Tyler attended The University of Alaska, Anchorage where he received his Bachelor's in Sociology. He went on to Indiana University to earn a Masters in Higher Education and Student Affairs. Tyler returned to Alaska after spending two years working in Olympia, WA at The Evergreen State College. Tyler is a subsistence fisher and hunter, and enjoys watching cooking shows and sporting events.

Nighttime Campus Safety Officer: The Nighttime Campus Safety Officer is responsible for maintaining the general well-being of the campus atmosphere overnight. This includes locking and unlocking buildings and checking every aspect of the campus throughout the night. The NCSO is available to help students, staff, and faculty in emergencies. The NCSO can be reached at (907) 564-8311 or by stopping by the Campus Life Office on the first floor of the Atwood Center during posted office hours.



Campus Life Staff

Geoff Walker was born and raised in Virginia and first came to Alaska in 2011 as a student here at APU. He graduated in 2014 with a degree in Marine Biology. While at APU, Geoff has been an RA, Campus Safety student worker, and helped with residential programs. When not working at night, Geoff will spend his free time enjoying movies, playing games, and when able to, exploring the many adventures Alaska has to offer.



Geoff Walker

Resident Assistants: Resident Assistants (RAs) are among the most important individuals a student will meet while living on-campus. RAs are student members who are selected on the basis of leadership and other personal qualities that enable them to assist students in obtaining the maximum benefits from residential living. RAs are trained to handle a wide range of situations, such as homesickness, suitemate and roommate issues, etc. One of their primary responsibilities is to help residents develop a sense of responsible community in their area. The key to community development is a team effort between residents and the RA. RAs are a great resource for questions regarding campus life, housing, student activities, school policies, or general aspects of the campus community. RAs report directly to the Director of Campus Life.

Every day there is an RA “on-call”. An RA can be reached by calling their cell phone at (907) 244-7955. The RAs are on-call 5:00 PM until 9:00 AM, Monday -Friday, and 24-7 on weekends and holidays..

RA responsibilities include:

- ◆ Actively assisting in the transition and success of new students to APU and the residence halls.
- ◆ Planning events and fun activities.
- ◆ Answering questions, making friends, and developing community!

What you should not expect from your RA:

- ◆ To patrol the halls for violations—if things are too loud, it is your responsibility to ask other community members to quiet down.
- ◆ To always be on the floor—they have other obligations away from the residence hall, such as class, clubs, and friends.
- ◆ To look the other way on policy violations—you will be responsible for your actions, and the actions of your guests.
- ◆ To never make mistakes—we are all human.

Campus Life Staff

If we miss you at the Campus Life Office you may also reach us through the following contacts:

Phone: (907) 564-8299

Fax: (907) 564-8806

RA Cell Phone: (907) 244-7955—answered 24/7

Email: housing@alaskapacific.edu

Meet The Resident Assistants

Madison Herron—South Atwood, 201 1st Year RA
Hoschton, GA Marine Biology and Environmental Science



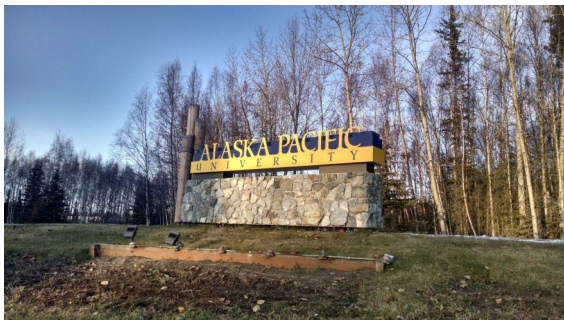
Madison Herron

I'm from a small town north of Atlanta, GA. I'm the youngest of 3 children and my family is very important to me. My adventure to Alaska was the easiest yet the toughest decision of my life. Alaska is beautiful and APU is an amazing school but leaving home was hard. APU has truly become a home away from home. I'm here to study Marine Biology and Environmental Science.

Duncan Wright—South Atwood, 303 1st Year RA
Anchorage, AK Liberal Studies and Outdoor Studies
Duncan Wright was born and raised here in Anchorage, and is stoked to be continuing his education in the city he grew up in. Outside of his duties as a student and RA, Duncan is an avid athlete, enjoying backpacking, running, biking, sailing, and all manner of snow sport, being a member of the APU cross-country ski team. He can often be found playing or listening to music, or in one of the local coffee shops.



Duncan Wright



Meet The Resident Assistants

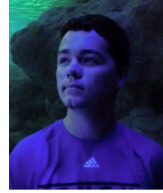
Jake Behnke—North Atwood, 201 2nd Year RA

Anamosa, IA

Outdoor Studies and Environmental Policy

I come from Anamosa, Iowa and I transferred to APU after spending one year at Luther College in Decorah, Iowa.

This is my second year being an RA here. I am currently a senior majoring in Outdoor Studies and minoring in Environmental Policy.



Jake Behnke

Becca Erdman—North Atwood, 305

Wisconsin

2nd Year RA

Outdoor Studies and Psychology



Becca Erdman

Hi! My name is Becca and I am originally from Wisconsin.

Alaska is my home now and I love everything about it. I'm an outdoor studies major and psychology minor. If I'm not in school you can find me climbing, skiing or hiking. Other hobbies include painting, playing the ukulele, and petting every cat or dog I ever see. I love cats. You can 95% of the time find me in the Outdoor Programs in Atwood Basement. Check it out!

Jonathon Singler—Segelhorst Hall, 202

Texas, Spain, and Alaska

1st Year RA

Liberal Studies, Counseling Psychology,
and Outdoor Studies

With origins in Texas and Spain (Andalusia), my sights for Alaska commenced at the age of eight amidst an educational program on the National Geographic. Fifteen years later, and an obtained Associate's degree, opportunity for application to APU finally arose. Currently, my pursuance is a Bachelor's degree in Liberal studies, and two minors: Counseling Psychology and Outdoor Studies. I chose APU because they offered a home of fertile soil to grow in. The accessibility to genuine neighbor-ship, beautiful wildlife, and magnificent landscape in an unforgiving territory has been my quest; to search for una mejor calidad de vida (a better quality of life).

During fall 2017, I will begin my senior year. Many classes and professors have already positively impacted me, and I am grateful to have been in their classrooms under their tutelage, and look forward to those I will soon enter. My hobby-list is quite extensive; movement/yoga, archery, swimming, cooking/baking, interpersonal communication, and most importantly, chess!



Johnathon Singler

Meet The Resident Assistants

Emily Smith—University Village, R2U
Lake Helen, FL

1st Year RA
Marine Biology



Emily Smith

Hi I'm Emily! I'm in my junior year now, and have honestly loved every class I've taken here at APU. I am Florida born and raised, and I've come halfway across the globe to study Marine Biology. I love everything about Alaska, the mountains, the snow, the wildlife, and of course I love my new home here at APU most of all. While here at school I love to play chess, hike, draw, and paint, and of course I am always in the company of my trusty camera- just in case I find that perfect shot. Back home I spend most of my time outdoors with my horses, camping, swimming, and painting. I love animals, and I want to be a veterinarian when I grow up!

Arianna Lawes-Wiseman—University Village, L2U
Washington State

2nd Year RA
Marine Biology and Business Administration

My name is Arianna and I am a transfer student from Washington State. I started my college career at Pierce Community College and then decided to attend APU to pursue a Bachelor's Degree in Marine Biology with a minor in Business Administration. I originally decided to attend APU because of the active learning aspect, which has allowed me to explore many different aspects of Alaska.



Arianna Lawes-Wiseman

My favorite part about going to APU is the small class size and you get more one-on-one time with the professors. We are also given the opportunity to do field work and projects that we may not have otherwise been able to do at a larger school.

Resident Activity Programmers (RAP)

Involvement with people is just as important in college life as going to classes. We encourage students to get involved in an organization that is only available to those who live on campus: **Resident Activity Programmer (RAP)**. RAP is designed to help keep residential students active and engaged in the campus community. They are a programming board that provides additional events and special entertainment exclusively for students living on campus. RAP also provides the many items that can be checked out from R3 by residential students. A \$35 RAP fee goes to fund these activities.

Past activities include:

Halloween Party

Devour Hour

Paint Ball

Slip n' Slide

Movie Premiers

Trampoline Park

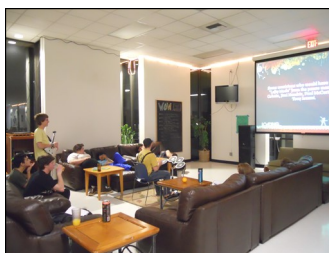
Residential Housing Areas

At APU we strive to give residents options in where and how they live. We have several different housing options, including a variety of suite style residences and multi-bedroom duplex houses. All student rooms are fully furnished and come with a variety of beds, desks, lamps, chairs, and dressers. North Atwood, South Atwood, and Segelhorst are all accessed by a chipped student ID with a room assignment in those areas.

The Atwood Complex

The Atwood Complex is composed of North and South Atwood Residence Halls and the Atwood Student Center. Atwood Student Center is home to many administrative offices and student resources:

- ◆ Dean of Students
- ◆ Counseling and Wellness
- ◆ Campus Life
- ◆ Student Activities
- ◆ Career Services
- ◆ Dining Services, Cafeteria, and McMillen Student Center (MSC)
- ◆ Campus Safety
- ◆ Weight Room & Climbing Wall
- ◆ Student Leadership Center (SLC) & ASAPU (student government) office



The first floor is also home to the Art Room, while on the second floor is where the Academic Support Center (ASC) Computer Lab and student Lounge can be found. The basement houses a coin-operated laundry room for North and South Atwood residents as well as resident storage.

Room/Suite Size in the Atwood Complex

The residence halls in the Atwood Complex were remodeled in 2000, and have some of the most spacious suites available in the nation.



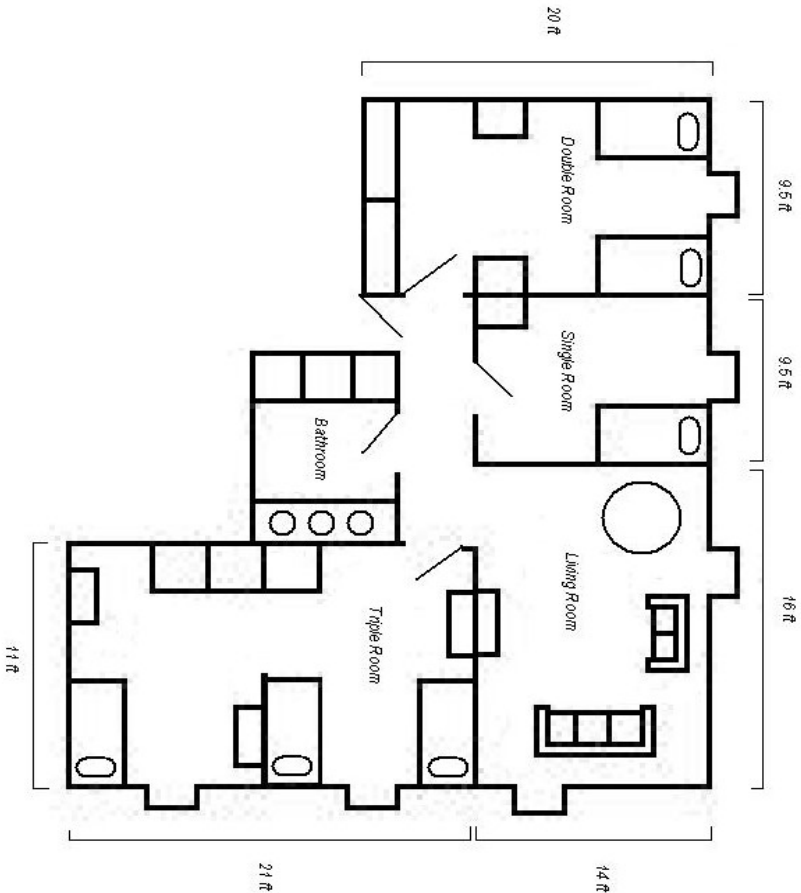
Every suite has its own bathroom and most have a living room in addition to the bedrooms. Bedrooms vary in size depending on location and occupancy limits.

Residential Housing Areas

South Atwood Hall: *First Year Students*

South Atwood is a three-story building composed of twelve suites. Ten suites have three bedrooms, a living room, and a large bathroom. Two suites have two bedrooms, a living room, and a large bathroom. Historically, South Atwood residents form the strongest and most enduring community on campus.

Freshmen and a few returning students (RAs) make up the population of South Atwood. Based on previous school years, students in South Atwood should expect to have 4-6 students per suite from all walks of life with various ethnic and cultural backgrounds. The average double room in South Atwood is 10' x 20'. The average single bedroom in South Atwood is 10' x 14'.

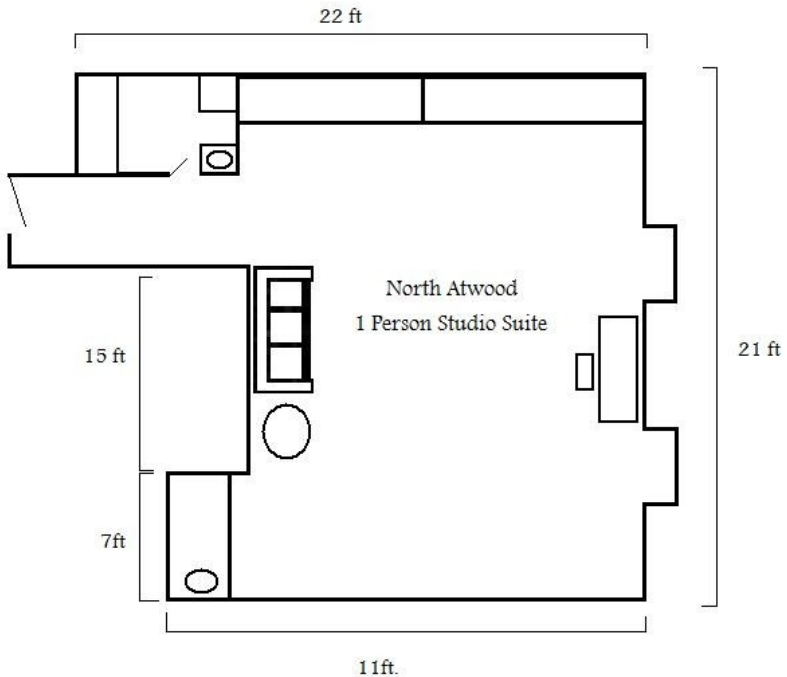


Residential Housing Areas

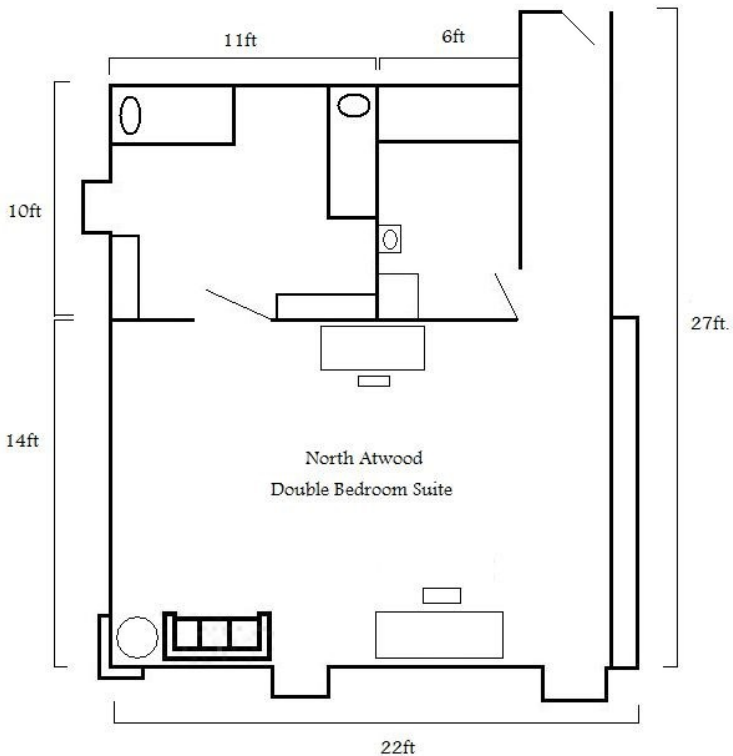
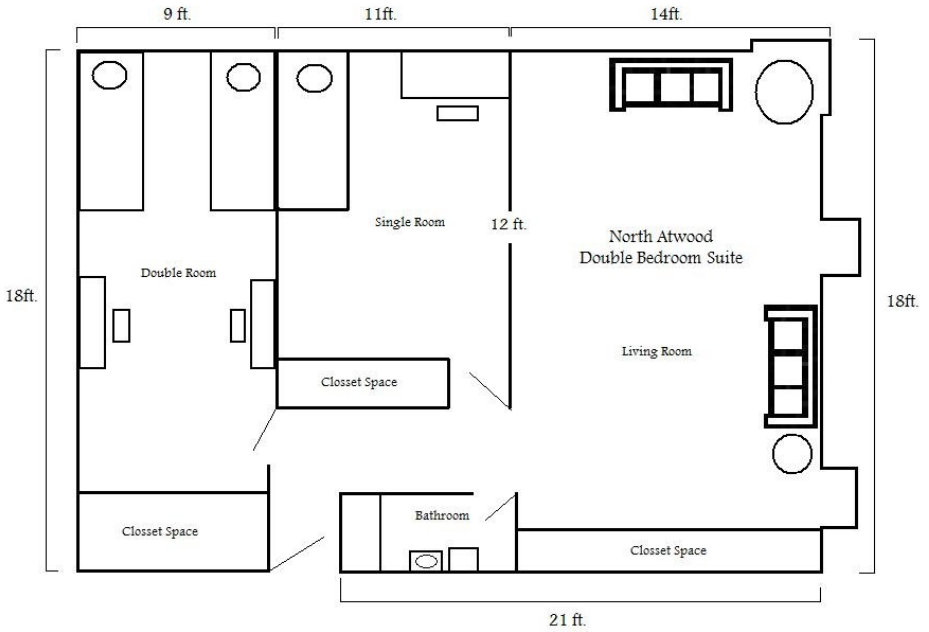
North Atwood Hall: Upperclassmen & Graduate Students

North Atwood is located directly across from South Atwood and is a three-story building consisting of 20 suites of upperclassmen. There are a variety of suites available in North Atwood ranging from spacious studio-suites to extensive multi-bedroom suites.

Historically, North Atwood is home to returning, transfer, and graduate students. A student living in North can expect to have 1-2 room/suitemates if they are assigned to a shared room. Doubles in North Atwood average 10' x 16' and singles average 11' x 11'.



Residential Housing Areas

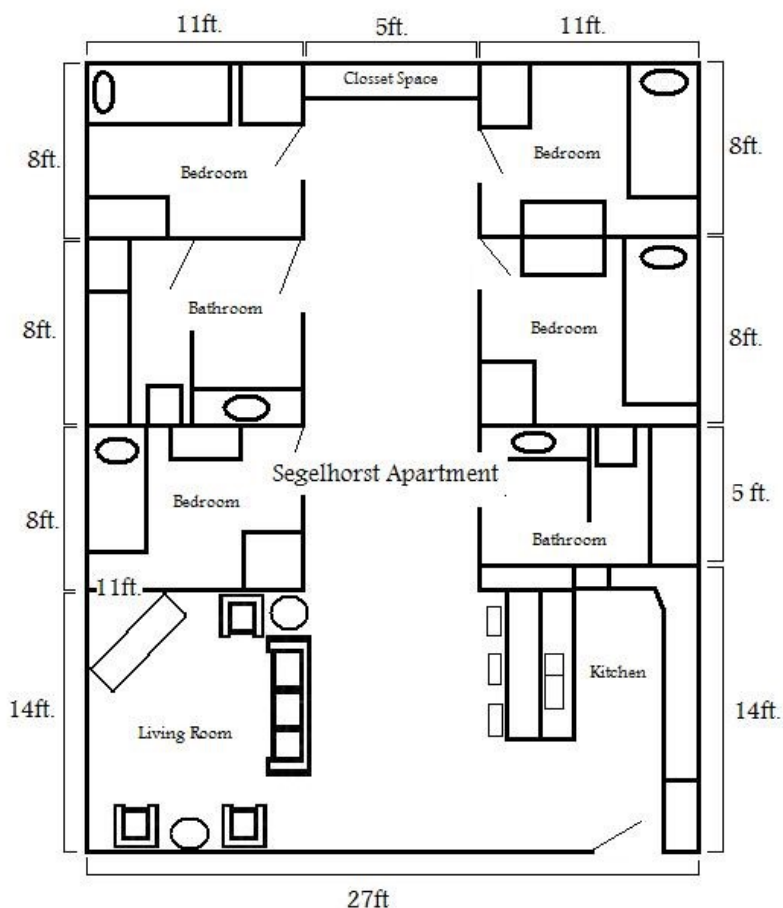


Residential Housing Areas

Segelhorst Apartments: *Upperclassmen & Graduate Students*

The newest of our residential facilities on campus, Segelhorst first opened for residents in August of 2007 and was designed to expand housing options available for upperclassmen and graduate students. Named for philanthropists N.E. "Knobby" and Mary Ellen Segelhorst,

Segelhorst Hall features six fully furnished apartments, each with four private bedrooms. These apartments also include a living room, full kitchen, and two bathrooms. The two-story, wood frame residential facility is arranged around a central corridor, with a coin operated laundry room, and resident storage space. Each apartment measures approximately 28' x 40'.



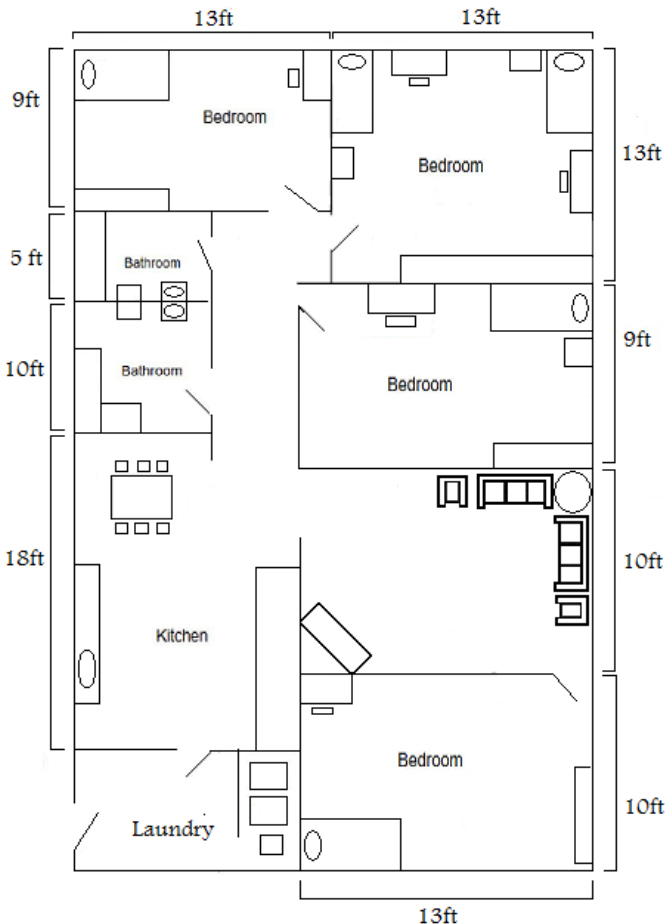
Residential Housing Areas

University Village (The Row): Upperclassmen & Graduate Students

University Village was remodeled in 2008 and is composed of five two-story duplex houses with a total of ten living units located a short distance from the Atwood Center. Each house is fully furnished and has one dining room, kitchen, coin-operated laundry room, living room, and two bathrooms. Students living in U. Village should expect to have 3-4 housemates.



U. Village houses returning students, older transfer students, and graduate students. These units are designated to accommodate more independent students not wishing to live in a traditional style residence hall. Houses on The Row are split into “upper” and “lower” units. Upper units have four bedrooms, three private and one double. Lower units have three bedrooms, two private and one double. Each house has an attached garage that has been converted into resident storage



that is shared between the upper and lower units. Each house has a private driveway that is shared between the upper and lower housemates.

What to Bring

Things Waiting for You:

Bed w/ Regular Twin Mattress
Desk & Chair
Wardrobe, Dresser, or Closet
Sofas, Tables, and Chairs
Bookshelf
Central Heat System
Smoke Detectors
Wireless Internet
Windows That Open

Things You May Need

Items to personalize Your Room
Computer or Tablet
Printer
*Microwave (under 900 Watts)
*Small Vacuum
*TV/Game System
Earbuds/Headphones
Surge Protected Power Strip
Winter Clothing and Gear
*Mini-Fridge (under 5.0 CF, 36" tall,
and 1.5 amps)
Broom and Mop System
Desk Lamp
Hair Dryer
Sewing Kit
Bike and Bike Lock
Flashlight
Flash Dives
Sticky-Tack (for hanging things)
Water Pitcher/Filter
Full Length Mirror
Space Heater w/ Safety Shut-Off
Heated Blanket
*Coffee Pot w/ Auto Shut-Off
Fan
Cell Phone w/ Service in Alaska

What to Bring

Chain Stores in Anchorage:

Target
Wal-Mart
Fred Meyers (Kroger)
Bed, Bath, & Beyond
Sears
Kohl's
REI
Costco
Sam's Club
Best Buy
JC Penny
Office Max
Amazon Prime**

Driving From The Lower 48:

Driving the Al-Can or Taking a Ferry?
Purchase a Mile Post Guide
Have International Enabled GPS
Let Campus Life know When to Expect
You & Who to Contact if You Miss Your
Arrival Date/Time
Check with Your Cell Phone Provider for
Coverage in Canada
Make Sure Your Passport is Current
Take Breaks & Get Plenty of Sleep

Flying into Anchorage:

Let Campus Life Know Your Flight De-
tails and When You Expect To Land in
Anchorage.

The Basic Needs:

Regular Twin Sheets & Pillows
Mattress Pad
Blankets & Comforter
Alarm Clock
Towel Sets
Toiletries
Clothes Hangers
First Aid Items
Waste Basket & Bags
School Supplies

Don't Forget:

Can Opener
Microwave Safe Dishes
Cups/Coffee Mugs
Dining Utensils
Dish Soap/Dish Cloths
Laundry Supplies & Quarters
Laundry Basket and/or Hamper
Cleaning Supplies

Do Not Bring:

Toaster Ovens
Hot Plates
Gas or Charcoal Grills
Candles or Incense
Deep Fat Fryers
Refrigerators above specifications
Firearms and Weapons
Fireworks and Explosives
Dishwasher, Washer, or Dryer
Pets—See Pet Policy
Alcohol
Illegal Drugs
Open Heating Elements

*Consider coordinating with your suitemates to avoid duplicating or doubling up on items.

**Amazon Prime does ship most Prime-eligible items to AK for free, but it may take some extra time.

Room Assignments

Students will be assigned rooms provided they are fully admitted full-time students in good standing academically, financially, and with the Dean of Students Office at the time room assignments are made. Students must maintain full-time status to reside on campus or receive approval from the Director of Campus Life. Assignments cannot be made without first receiving a completed Housing Contract and the \$400 housing deposit. **Housing priority is given to students based on the date the contract and deposit are received.** Housing Deposits must be paid by August 1 for fall move in and December 15 for spring move in.

Students who have submitted their housing application by the priority housing deadline of May 30 will be sent room assignment and roommate contact information by July 15. All students interested in a room change should contact the Director of Campus Life at housing@alaskapacific.edu.

Living with Roommates

Roommate/Suitemate Matches

All roommate matches are done by hand using the information provided in the housing application and placement questionnaire. It is important that your housing questionnaire honestly reflect your lifestyle.

It is recommended that you **contact your roommate/suitemates** after you receive your assignment letter so you can discuss what you will be bringing and begin the process of getting to know one another.

Due to the fact that there are a limited number of single rooms available at APU, many students find that living with a roommate or suitemate to be an important part of the housing experience.

As a resident living on-campus, you should realize that you do not just have a suitemate or a roommate, but you too are a suitemate and a roommate. A suitemate can be someone with whom you share opinions, interests, and activities. However, sharing a space can sometimes result in problems or misunderstandings.

You and your suitemates/roommates do not have to be best friends, however, you do need to develop the ability to communicate with each other. A critical element for roommate survival is mutual respect. Be aware of your own rights while also being sensitive to your roommate's.



Living with Roommates

Communication is crucial for a successful living experience. These suggestions may help:

- ◆ Have regular, unplanned, informal discussions. *See Appendix for a list of discussion points.
- ◆ Introduce your suitemates/roommates to friends.
- ◆ Invite suitemates/roommates to join in activities.
- ◆ Complete a Suitemate Agreement (see your RA).
- ◆ Let each other know what is okay and not okay to share.
- ◆ Think of each other as individuals. Learn to respect each other's uniqueness.
- ◆ Meet other people. Don't depend on your suitemate/roommate to meet all of your social needs.
- ◆ Be open to differing opinions, ideas, and points of views.
- ◆ Verbalize concerns. Do not assume suitemates/roommates can read body language or silent signals accurately. Keep the lines of communication open.
- ◆ Be respectful and remember that your suitemate/roommate is a human. If there is a concern that has not been addressed, they may not even be aware that there is a problem.
- ◆ If a concerns arises, talk to your suitemate/roommate first in an open and non-threatening manner.

***If you are having continued trouble with a suitemate, please talk to your RA to help mediate the situation.**

Ground Rules

During discussions, spend time talking about the ground rules regarding suite cleanliness, cleaning schedules, noise levels, entertaining guests, sharing food and community items, and overnight guest expectations. Make sure the rules are fair and equitable to everyone.

Privacy and Interruptions

Remember times will always exist when you will need privacy to study or just be alone. When that occurs, speak with your suitemates/roommates first before frustration builds up. Conflicts will probably occur between residents and suitemates/roommates at least once during your college career. Conflicts should not be viewed as negative.



Roommate Conflicts

Rather they should be viewed as a learning experience. It is natural for people to disagree. It is how they handle the conflict that makes the result positive or negative. High stress times, such as mid-term and final exam periods, tend to elevate the frequency of conflict. Conflicts are rarely a matter of who is right and who is wrong, and is usually an issue of communication and compatibility. Sometimes it takes someone who is not directly involved to assist in the process.

If tensions do arise, speak with your suitemate/roommate first before the issues become a major conflict. If communication does not resolve the problem, speak with your RA. RAs are experienced and trained in dealing with these concerns and can give you ideas to help find a resolution. However, give your suitemate/roommate the courtesy of speaking with them first. Failing to deal with a concern may give the suitemate/roommate permission to continue the behavior.

If you need to ask a staff member for assistance, do not expect them to solve the problem for you. Staff have been trained in conflict resolution and are there for you to use as a resource to help you work through the difficulties to a solution. They will help talk you through the conflict.

If a room change is requested, you and your suitemates/roommates will be asked to go through the mediation process. Not all room changes are granted. Staff will try to work with you to find a resolution that is acceptable to all parties. If a resolution cannot be achieved, or if a party is not willing to work towards a resolution, then all suitemates may be moved at the discretion of the Director of Campus Life.



Residence Hall Activities

One of the greatest advantages of living in the residence halls is the fact that there always seems to be something happening! Designed to supplement your educational goals, there are all sorts of social, recreational, and cultural activities. Movies, outings, special entertainment, and events are offered throughout the year. Volunteers are always needed to help with the activities.

Interested in finding out what's going on campus? Talk to an RA or stop by the Student Activities Office to see what is happening. Also check your email for the weekly mailing from the assistant director with upcoming events.

Examples of past hall programs & events:



- ◆ Shopping Trips in Anchorage
- ◆ Live Music Events
- ◆ Concerts and Dances
- ◆ New Roommate Game
- ◆ Volunteer/Service Activities
- ◆ Casino Night
- ◆ Alyeska Ski Trips
- ◆ Coffee House Events
- ◆ Ice Cream and Bonfire Socials
- ◆ Ice Skating
- ◆ Roller Derby
- ◆ Tubing
- ◆ Running with The Reindeer
- ◆ Cave Exploration
- ◆ Murder Mystery Nights
- ◆ Block and Pool Parties
- ◆ Film Festivals
- ◆ Opera & Theatre Trips
- ◆ Game Nights
- ◆ And So Much More!!!

Dining Hall Information

Our top-notch dining staff works hard to provide quality home-cooked meals for our students year round. Our in-house dining prepares 19 meals a week for students on-campus and uses locally sourced items whenever possible.

Many of our vegetables come from APU's own Kellogg Farm in Palmer, AK. In addition to the daily dining operations, the staff strives to provide special dining events to students and makes gourmet items for the APU Farmer's Market. With advance notice, staff can prepare "meals to go" for students who will be doing field work or who otherwise cannot be in the dining room during regular meal hours. Students without a meal plan may purchase a full meal plan or a "14 meal" punch card directly from Campus Life or Dining Services.



Atwood Cafeteria Mealtimes

	<u>Weekdays</u>		<u>Weekends</u>
Breakfast	7:30—8:30 AM	Brunch	10:30 AM—Noon
Lunch	11:30 AM—1:30 PM	Dinner	5:00—6:00 PM
Dinner	5:15—6:30 PM		

Do you have a special request or dietary need? Let the staff know and we will do our best to accommodate you. You can also indicate this on your housing application.

Campus Dining Expectations & Policies

"Take what you want, but eat what you take". We want you to enjoy your experience with the dining service, but please try not to be wasteful.

The meal plan begins on the day the residence halls open and ends the last day of classes of each block or session. **Dining is not provided during winter or summer vacations.**

Meals on all non-class days (ie: school closure) will be on the brunch/dinner schedule. This includes breaks between Block and Session and Spring Break week.

With the exception of to-go meals, **food may not be taken out of the dining hall for later consumption or given to others.** Sack meals can be requested for class trips, but should be requested at least two days in advance.

Students are asked to return used dishes to the dish return shelves. Dishes, glassware, and utensils may not be taken from the dining room.



Dining Hall Information

Alaska Health Laws require that you wear a shirt and shoes in the Atwood dining areas.

Visiting guests are welcome to dine with you in the dining room, but guests must pay for their meals with either cash, credit card, or check.

Unused meals may not be transferred to any other person and will not be refunded, barring an extreme circumstance.

If you are away from campus due to a course trip lasting more than three days, you may request a meal plan reimbursement from the Campus Life Office. If your request is approved, you will be reimbursed 50% of the total per diem meal plan cost. **Your request must be made prior to the trip.** Reimbursements will not be offered for any other reason when students are away from campus during the designated length of the housing and meal plan contract.

Intentionally disregarding these policies will lead to student disciplinary sanctions of varying severity. Possible sanctions may include:

First Offense: A reminder of policies and possible fines, reimbursement to the University, and community service.

Second Offense: Reimbursement to the University, community service and fines, depending on policy violated.

Third Offense: All or partial dining hall privileges temporarily or permanently removed. **You will not be reimbursed for unused meals in disciplinary actions.**

Special Dining Events

Because APU's dining services is run directly by the University, our kitchen staff often help put on many special events for students on-campus throughout the year. **Examples of such activities include:**

- Alaska Salmon Bakes
- Iron Chef Competitions
- Cooking Classes
- Tea Parties
- Fancy Dining Nights
- Coffee Houses
- Snack Times



Dining Hall Information

To-Go Container Policy

To help APU's carbon footprint and to eliminate waste, dining staff has limited to-go containers only to those individuals who have class or work during the meal hours. Dining hall staff does not provide to-go containers for leftovers or unfinished meals. Students found misusing or abusing the to-go policy may have this privilege revoked at the discretion of the Director of Dining Services.

Sack Meals

If you will be traveling for a class during a meal time, you may request a "sack meal" for that day. Sack meals must be requested at least two-days in advance so staff can prepare them. Requests made the day of will not be honored.

To request a sack meal, email Dining Services at dining@alaskapacific.edu and include the date of your class trip, which meal(s) (breakfast, brunch, lunch, dinner), your class name/number, and the name of your professor. It is also recommended to include important dietary information if you have specific food-related allergies or needs.

Special Requests

Have a special dish from home you're missing? Talk to the Director of Dining Services or leave a note on the whiteboard in the meal line. Dining staff try to make all special requests happen within a week, but some requests take a bit longer. Staff is open to all suggestions and want to make your dining experience feel like home.



Elizabeth Milano, AD and Chris Pavadore, Director
Dining Services and Sustainability

Information Technology (IT)

The APU Information Technology (IT) Department supports APU-owned computers, printers, scanners, fax machines, phones, copiers, and the entire APU network. IT collaborates with the Academic Support Center (ASC) to evaluate existing and emerging technologies, and to provide technology tools, training, and leadership for the APU community.



The IT department is on the first floor of Grant Hall and is open Monday through Friday, 8:00 AM—5:00 PM. The best way to reach IT is by email at ithelpdesk@alaskapacific.edu. IT can also be reached at (907) 564-8350.

Student ID Cards



The IT department is where you will get your photo ID made. **Let them know you are an on-campus student so that you receive a keycard that will work as your room key and meal plan.**

Your student ID is needed for entry to many educational and social programs associated with Student Life. You will need your ID to access the Consortium Library.



UAA/APU Consortium Library

Computer Labs on Campus

The Academic Support Center (ASC) on the 2nd floor of the Atwood Center is the main computer lab on campus and houses both Macintosh and Windows-based computers.

Wireless internet is available throughout all of campus, including many green spaces and in resident rooms. You can connect to the wireless network using your APU login and password.

Student Email

Your APU email account will be used for all official University communications. It is important that you routinely check your email so as not to miss important announcements, notices, deadlines, and class correspondence from your faculty or staff. Your email address is your **APUusername@alaskapacific.edu**.

IT Helpdesk

IT will help you with network issues and logins for your various APU accounts.



Campus Life Policies and Procedures

Each resident of Campus Life is individually responsible for compliance with these provisions of the APU Campus Life Handbook, Student Handbook, University Policies, and all Local, State, and Federal laws.

There are three community interests the Campus Life policies and procedures are designed to support.

- ◆ **Health and Safety**—*Maintaining the physical, mental, and emotional health or safety of either the group or individual.*
- ◆ **Property Loss and Damage**—*Care and protection of community and personal property.*
- ◆ **Legitimate Educational Purpose**— *Avoiding behavior that does not contribute to the educational purpose of the University or Campus Life program.*

Abusive, Harassing, and Intrusive Conduct

University policy forbids conduct which involves actual or threatened physical violence, hazing, indecent behavior, and harassment, including both general harassing behaviors and harassment based on an individual's race, color, religion, sex, age, national origin, sexual orientations, disability, marital status, veteran status, membership in armed uniform services, or gender identity. University policy forbids related actions that invade one's personal privacy, such as unwanted phone calls, any harassing electronic communications, and/or abusive letters.

Sexual Misconduct Policy (Title IX)

Students are responsible for knowing the following:

APU students, guests, and other members of the University community have a right to be free from any form of sexual violence, including sexual harassment. All members of the APU community and guests need to know that the university will not tolerate gender based sexual misconduct. Should an allegation of sexual misconduct be brought to University Officials and it is found to be in violation of this policy, disciplinary actions and other means will be implemented to ensure that the behavior is not repeated. This policy is designed to explain how sexual misconduct cases are addressed by the University and help define the institution's expectations for students, staff, faculty, and campus visitors. It also describes the processes and procedures used when allegations of sexual misconduct are raised.

TITLE IX:

NO PERSON IN THE UNITED STATES, SHALL, ON THE BASIS OF SEX, BE EXCLUDED FROM PARTICIPATION IN, BE DENIED THE BENEFITS OF, OR BE SUBJECT TO DISCRIMINATION UNDER ANY EDUCATION PROGRAM OR ACTIVITY RECEIVING FEDERAL FINANCIAL ASSISTANCE.

Title IX of the Education Amendments of 1972

Campus Life Policies and Procedures

University Expectations with Respect to Sexual Misconduct

The Sexual Misconduct Policy at APU is based on the premise that individuals engaging in sexual activities must provide consent that is clear, deliberate, and completely voluntary before and during the activity. Consent can be verbally or non-verbally provided, but it is important to recognize that unspoken permission to engage in sexual activities can often be unclear in terms of what a person wants sexually. The boundaries of acceptable practice where permission is granted can be very different between partners. Permission to be involved in some forms of sexual activity does not automatically grant consent to partake in other forms of sexual behavior. Silence or a non-response is not consent. There are also important distinctions to note between seduction and coercive sexual invitations. Coercion in this context means a person is pressured unreasonably for sex. Coercive sexual behaviors are policy violations and are interpreted here as if a person is being forced to have sex.

Alcohol and other drugs affect a person's ability to provide consent. Sober sex is much less likely to result in allegations of sexual misconduct. When alcohol or drugs are being used, a person cannot give valid consent unless they can fully understand the implications and details of the sexual activities. Consent is based on the premise that a person can reasonably understand the situation and the behavior to which they are granting permission. Any consent offered while a person is impaired is invalid. While impaired, "No" means "No" and "Yes" means "No".

Overview of Policy Expectations with Respect to Consensual Relationships

When members of the APU community participate in a personal relationship with romantic or sexual implications and their positions have unequal status or power (such as faculty/student, front line staff member/supervisor, student leader/student office assistant), the University has an interest in helping address the risks inherent in such situations. Often, when relationships of these types change or disintegrate, the parties involved may have different perceptions of what occurred ultimately leading to complaints. When there are power differences, even a fully consensual relationship can evolve to where there could be charges of sexual misconduct at a later date. APU allows community members to make private choices in personal relationships as long as those alliances do not affect the ability of the university to accomplish its goals and policies.

There are many examples where romantic or sexual relationships between co-workers or supervisors and their employees have created unethical and problematic situations. Therefore, supervisors, student leaders, and

Campus Life Policies and Procedures

managers with involvement in these types of relationships are required to inform their supervisors of these situations without delay. It is likely employees and student leaders in these types of situations will be reorganized so there are no lingering supervisory or evaluative responsibilities between people involved in consensual relationships. This policy does not prohibit relationships – it does require transparency and self-reporting or disciplinary action can result.

Definitions

Sexual Violence: Definitions

(From the United States Center for Disease Control)

Sexual violence is any sexual act that is perpetrated against someone's will. Sexual violence encompasses a range of offenses, including a completed nonconsensual sex act (i.e., rape), an attempted nonconsensual sex act, abusive sexual contact (i.e., unwanted touching), and non-contact sexual abuse (e.g., threatened sexual violence, exhibitionism, verbal sexual harassment). These four types are defined in more detail below. All types involve victims who do not consent, or who are unable to consent or refuse to allow the act.

A completed sex act is defined as contact between the penis and the vulva or the penis and the anus involving penetration, however slight; contact between the mouth and penis, vulva, or anus; or penetration of the anal or genital opening of another person by a hand, finger, or other object.

An attempted (but not completed) sex act.

Abusive sexual contact is defined as intentional touching, either directly or through the clothing, of the genitalia, anus, groin, breast, inner thigh, or buttocks of any person without his or her consent, or of a person who is unable to consent or refuse.

Non-contact sexual abuse does not include physical contact of a sexual nature between the perpetrator and the victim. It includes acts such as voyeurism; intentional exposure of an individual to exhibitionism; unwanted exposure to pornography; verbal or behavioral sexual harassment; threats of sexual violence to accomplish some other end; or taking nude photographs of a sexual nature of another person without his or her consent or knowledge, or of a person who is unable to consent or refuse.

From the U.S. Department of Justice Policy Statement 1200.0

Campus Life Policies and Procedures

Domestic Violence

Domestic violence is a pattern of coercive behavior, including acts or threatened acts, that are used by perpetrator to gain power and control over a current or former spouse, current or former intimate partner, or person with whom the perpetrator shares a child in common. This behavior includes, but is not limited to, physical or sexual violence, emotional and/or psychological intimidation, verbal abuse, stalking, economic control, harassment, threats, physical intimidation, or injury. Domestic violence can occur in any relationship, regardless of socio-economic status, education level, cultural background, age, gender, race, ethnicity, sexual orientation, gender identity, or religion. Domestic violence can occur in heterosexual and same-sex intimate relationships, including marital, cohabiting, or dating relationships that are not dependent on the existence of a sexual relationship.

Stalking

Stalking refers to harassing, unwanted or threatening conduct that causes a victim to reasonably fear for his or her safety or the safety of a family member. Stalking conduct can include, but is not limited to: following or spying on a person; appearing uninvited and unwanted at a person's home or work; waiting at places in order to make unwanted contact with a person or to monitor a person; leaving undesired items (e.g., presents or flowers) for a person; and posting information or spreading rumors about a person on the Internet, in a public place, or by word of mouth. It also includes "cyberstalking": following a person's Internet activity with malicious intent, hacking into someone's email, making anonymous contact with someone over the Internet or by email, or otherwise using technology to make unwanted contact. Stalking may occur through use of technology including, but not limited to e-mail, voice-mail, text messaging, and use of GPS and social networking sites.

From the National Center for Victims of Crime.

Dating Violence

Dating violence is controlling, abusive, and aggressive behavior in a romantic relationship. It can happen in straight or gay relationships. It can include verbal, emotional, physical, or sexual abuse, or a combination.

Reporting

Sexual misconduct complaints involving students can be reported in a couple ways. There are both on-campus and off-campus options.

Campus Life Policies and Procedures

Complaints Concerning Discrimination and/or Harassment

APU does not discriminate on the basis of race, color, religion, gender, ethnic or national origin, disability, age, marital status, veteran status, membership in uniformed services, gender identity, or sexual orientation in the administration of any of its education policies, admission policies, scholarship and loan programs, athletics, and other school-administered policies and programs, or in its employment related policies and practices.

Students, who believe they have been subjected to sexual violence including harassment, should follow the procedures described here in reporting their concerns.

When a report is filed, APU will quickly initiate a preliminary inquiry to determine if a sexual misconduct policy violation has occurred. Should this initial work reveal a likely violation, a more thorough and impartial investigation will be conducted to provide a fair and reliable determination. Should the investigation lead to a conclusion that misconduct occurred; the University will promptly implement remedies in a deliberate effort to end the objectionable behavior, prevent its recurrence, and help alleviate the impacts.

Students who wish to report a concern or complaint relating to sexual misconduct may do so by reporting the concern to the following people who are trained to address sexual violence issues at APU:

Manda Hill
Director of Campus Life
First Floor, Atwood Center
907-564-8299
ahill@alaskapacific.edu

Laurie Boom
Title IX Coordinator
Accounting Office, Grant Hall
907-564-8286
lboom@alaskapacific.edu

Individuals with complaints of this nature also have the right to file a formal complaint with the United States Department of Education:

Office for Civil Rights
U.S. Department of Health and Human Services
90 7th Street, Suite 4-100 San Francisco, CA 94103
Voice Phone (415)437-8310
FAX (415)437-8329
TDD (415)437-8311
Customer Service Hotline #: (800) 421-3481
Email: OCR@ed.gov
Web: <http://www.ed.gov/ocr>

Campus Life Policies and Procedures

Discrimination is strictly prohibited by the University and will not be tolerated. Treating an employee or student differently in the terms or conditions of his or her employment or education on the basis of the protected statuses listed above or any other protected status constitutes discrimination. Further, retaliation against any individual for making a complaint of harassment or of any unlawful discrimination, or for assisting in the investigation of such a complaint, will not be tolerated.

If you are sexually assaulted, we urge you to seek medical and psychological help as soon as possible. If you feel comfortable, you may seek assistance directly from the Dean of Students Office, the Counseling and Wellness Center, Campus Life Office, or Human Resources. There is also help available from a number of other sources. You are encouraged to consider calling the police soon after any assault – even if you don't plan on pressing criminal charges or a civil complaint. Anchorage's Police Department has specially trained workgroups to help a person who has been sexually assaulted (Anchorage Police Department 786-8500 or 911). If you don't feel comfortable calling the police, contact S.T.A.R. (Standing Together Against Rape) 24-hour Rape Crises Line 276-7273 and/or visit their website at: http://www.staralaska.com/Home_Page.html

A "victim advocate" will contact you and offer objective professional advice about the situation to help you decide how to proceed. What is important is that you tell someone what happened.

If you believe you have been harassed by a university employee, member of the faculty, or another student you are urged to contact the Title IX Coordinator (907-564-8286), the Director of Campus Life's Office (907-564-8299), the Academic Dean (907-564-8261), or the Chief Financial Officer (907-564-8365). These specially trained university employees will work with a student complainant to determine whether an informal or formal process is necessary to correct the problem.

For more information on the investigation process and timeline, please see the Student Handbook.

Retaliation

Alaska Pacific University strictly prohibits any acts of retaliation against anyone filing a complaint or assisting in investigations of sexual misconduct including harassment. Coercion, harassment, threats, or discriminatory behaviors against complainants, witnesses, and investigators are some of the actions prohibited.

Campus Life Policies and Procedures

Health and Safety

It is the responsibility of each member of the community to respect the needs and rights of those living and working in the community. All behavior should contribute to fostering and encouraging a proper living and learning environment for every member of the APU community.

Room Entry and Opening of Residence Hall Rooms

Residence hall rooms and unit door are to be opened only for the occupant of that room, suite, or unit. Residents may be asked to show identification. Staff will not open a door for anyone except the resident of the room, unless in accordance with the law.

Students shall be free from unreasonable search and/or seizure regarding their person and personal property. However, University Officials, including Resident Assistants, are authorized to enter, search, and/or inspect student rooms, suites, units, and public rooms in the group living areas under certain circumstances. There are three common occasions when room entry may be necessary; Health and Safety Inspections, Room Searches, and Performance of Duty.

Health and Safety Inspections

Campus Life staff conducts periodic health and safety inspections in each suite and unit. Health and safety inspections will be announced in the residence halls at least five days prior to the date of inspection. The purpose of these inspections is to verify the following: acceptable standards of safety and hygiene, observance of University residence policies and procedures, University regulations and requirements of public law, and the maintenance and repair of equipment.

If unsafe or unhealthy living conditions are found in a room, suite, or unit, residents will be required to correct them within 48 hours. If cleaning is warranted and not completed within the 48 hours, the area will be cleaned by the University's contracted professional cleaners and the associated costs charged to the resident(s).

During health and safety inspections, staff members will not open closets, drawers, or luggage. Staff members may inspect refrigerators and common area storage areas. Please contact the Director of Campus Life if you believe an area has been inappropriately inspected. Multiple health and safety inspections will also take place during winter break to check on heating systems and items that may require immediate maintenance attentions while the halls have been vacated. Campus Life staff will address all policy violations during their inspections.

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Room Searches

Searches of student rooms by University Officials shall be authorized and conducted under one or more the following conditions: by consent of the occupant(s) of the room, upon reasonable cause to believe that there is a violation of the Code of Conduct, and/or by warrant issued by an appropriate legal body/agent.

Performance of Duty

University Officials reserve the right to enter a student room, suite, or unit, locked or unlocked, at any time it is deemed necessary for immediate resolution of policy violations, addressing disruptive behaviors, maintenance and IT repairs, illness, hazards, and other similar emergencies or potential crises. In instances where it is possible, such as planned maintenance, residents will be given at least 48-hours notice of entry.

Maintenance Requests and Repairs

Campus Life contracts with Alaska Pacific Properties to perform all reasonable maintenance repairs on campus. If you have a maintenance concern, please submit a work order by visiting “MyAPU > SharePoint > Community > Facilities & Maintenance”. Be as specific as possible when reporting a problem and provide a good contact number for you in case the maintenance staff has questions about your work order.

Repair work on items resulting from normal wear and tear or equipment breakdown not caused by the resident or a resident’s guest is repaired free of charge to the resident. If it is determined that abuse, negligence, vandalism, or misuse caused the damage, the responsible resident(s) will be billed for the cost of the repair. If individual responsibility for a common area damage cannot be determined, the cost of the repair will be split among all the residents connected to that common area.

Once a maintenance request has been made, the maintenance staff will respond. Due to the unpredictable number of work orders for any given day, Campus Life cannot guarantee a specific time the maintenance staff will arrive to make the repair. If three (3) business days pass with no response, please contact the Director of Campus Life. You can expect that maintenance staff will not enter your space until after 9:00 AM, unless there is a maintenance emergency that requires immediate attention.

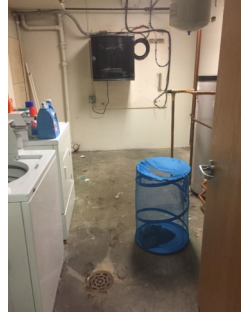
University Village Boiler Rooms

Boiler rooms in the lower units of the University Village houses should not be used as a storage space. These rooms should be kept free of trash, recycling, furniture, debris, boxes, etc. Failure to keep this room clean and tidy may

Campus Life Policies and Procedures

result in the door being locked by staff, and student's losing access to this room for the remainder of their housing contract for the academic year.

Since the boiler rooms also serve as a laundry room for these students, it is acceptable to have laundry items in there, as they are actively being used. If resident's lose access to the boiler room, they will need to use the laundry facilities in the basement of the Atwood Student Center.



Acceptable Boiler Room

Appliances and Cooking Policy

Open coil appliances are **NOT** permitted in the residence halls. This includes toaster ovens, hot plates, and electric skillets. Unauthorized appliances will be confiscated and returned to the owner during their final move-out from APU housing. Cooking in North and South Atwood is limited to microwaves, closed-coiled popcorn poppers, sealed unit coffee makers, and thermostat controlled hot pots and crock pots. Residents in Segelhorst and University Village may use the University-provided stove and oven for cooking purposes.

A refrigerator is provided in each unit of Segelhorst and University Village. Residents may bring their own mini fridge to keep in their bedroom, but it must conform to the University policy of being under 5.0 CF, 36" tall, and 1.5 amps. The refrigerators provided by the University are to remain frost free. This is to help maintain the best working order of the refrigerator. To get the best results, it is important to clean the refrigerator on a regular basis. Refrigerators not defrosted prior to move-out will incur a defrosting and cleaning assessment charge. When defrosting refrigerators, **DO NOT USE SHARP OBJECTS TO CHIP AWAY THE ICE!**

While University owned appliances are used by the residents of the unit, they belong to Campus Life and are expected to be kept clean and maintained for health and safety purposes. All other appliances must be approved by the Director of Campus Life prior to using.

Sun lamps, halogen lamps, air conditioners, and certain space heaters are not permitted. Space Heaters that have a safety shut off, in case of tip over or overheating, are permitted. If you have questions about this, please contact Campus Life. A limited number of approved space heaters will be available for check out on a first come, first reserved basis.

Only transient voltage surge suppressers should be used as power strips. All other cords or multi-plug adaptors are prohibited.

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Open Heating Elements and Open Flames

Candles, incense, potpourri burners, and all items with an open heating element or an open flame are prohibited within the residential living areas. Special exemptions for religious, cultural, social, or honorary ceremonies may be permitted by petitioning the Director of Campus Life.

Bicycles

Students are allowed to store their bicycles on-campus at the various bike racks around campus. For the convenience of the residents, a bike rack is located in front of each residence hall. Residents must provide their own bike lock and chain. Bicycles are not allowed inside of the residence halls and should not be stored in common areas, entryways, or lounges.

Disorderly Conduct

Behavior that is disruptive to orderly community living is prohibited. This behavior includes, but is not limited to, throwing items in the hallways and/or lounges, bouncing balls, throwing objects out of the window, fighting, committing pranks, or any other behavior which may cause physical injury, property damage, or is potentially dangerous or disturbing to the health and well being of residents and staff.

Pets

Pets are not permitted in the University residences, including student rooms, suites, and units. Fish in an aquarium no larger than 10 gallons are the only exception to this policy. Fish tanks should be regularly maintained. Pets of guests may not “visit” suites or units, even on a temporary basis. Visiting pets must be on a leash and left in vehicles or outside with supervision. If any unauthorized pet is kept in a resident’s room, judicial action will be taken, and a cleaning and fumigation fee will be charged to the resident.



Legitimate Service and Emotional Support Animals are allowed **with prior approval**. See the policy on Service and ESAs for further information (pages 54-58).

Smoke and Tobacco Free Policy

APU has committed itself to becoming a smoke and tobacco free campus. This applies to the use of all tobacco and tobacco-related products. Tobacco and smoking-related products are prohibited within all University property, buildings, and vehicles. Littering in an area with, or the remains of, tobacco-related or smoking-related products is also prohibited. This includes vaping

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and chewing tobacco.

This policy applies to all university events, events held on University grounds or property, and applies to all members of the University community including faculty, staff, students, friends, volunteers, customers, vendors, contractors, guests, and visitors.

There are few exclusions to this policy. A person wishing to use tobacco or tobacco-related products may do so in their own personally owned vehicle parked or being driven onto campus, on public sidewalks or public right-of-ways that border campus, or through the use of a non-combustion nicotine product, such as patches or gum. The use of tobacco products needed for academic research may be allowed, but must be approved through the Academic Deans Office in advance.



Resident Hall Alcohol Policy

Campus Life is committed to maintaining an academic and social environment conducive to the intellectual and personal development, safety, and welfare of all members of the University community. Possession, consumption, being under the influence, or furnishing an alcoholic beverages on APU owned or controlled property , or at University supervised functions, unless authorized by the President, is prohibited. Offenders will be subject to University disciplinary action, legal prosecution, or both.

Exempt Suite Program

Resident who are 21 and over, living with other residents 21 and over, may apply for the Exempt Suite Program, formally known as The Pilot House Program. This program is open to all students of age in North Atwood, Segelhorst, and University Village.

The process to be approved for the Exempt Suite Program starts with talking to the Dean of Students and Director of Campus Life, and receiving an emailed application from them. All suitemates must complete the application together and return it to both the Dean of Students and Director of Campus Life. After the application is received, all residents of the suite, the Dean of Students, and the Director of Campus Life will meet to go over the application. If the Dean of Students and Director of Campus Life agree to the application, it will be taken to the President for final approval.

An Exempt Suite is not fully approved for the program until final approval has been granted by the President. Campus Life or the Dean of Student's Office

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can revoke a suites exemption at any time if a suite is found in violation of alcohol policies, this includes providing alcohol to minors, or for any other reason they deem necessary.

Drug Policy

Use, possession, manufacturing, distributing, or being under the influence of any legal or illegal narcotic, controlled substance, or intoxicant is strictly prohibited. All such cases or evidence will be referred to the appropriate law enforcement agencies, as well as be subject to University disciplinary actions.

Noise and Legitimate Educational Purpose

Residents are expected to be considerate of other students at all times. This means respecting the right of those students to sleep, study, and generally not be disturbed. Any behavior that does not contribute to the goals of the University, Campus Life, or that adversely impacts other residents is considered inappropriate.

Courtesy hours are in effect 24 hours a day, meaning that the sound level should be confined to an individual's room and not heard by others who are trying to study or sleep. Courtesy hours mean that if at any time community or staff members ask you to lower the noise level, it is expected to be done immediately. In addition, specific quiet hours are as follows:

Sunday-Thursday: 11:00 PM—9:00 AM

Friday & Saturday: Midnight—10:00 AM

Noise violations may be, but are not limited to, noises that are clearly distinguishable in the hallways and lounges during quiet hours. It may involve music, heavy bass or percussion noises, alarms, pounding on doors or walls, bouncing of balls, or any general failure to respect other residents. Bands shall not practice within the residence halls. Campus Life reserves the right to require a student to remove a stereo, any musical instrument, or any other source of disturbing sound from the residence halls, if the resident does not consistently comply with courtesy or quiet hours.

Residents and guests may be asked to leave if they are too loud, disruptive, or violating policy. **24-hour quiet period will begin at 10:00 PM the Friday before finals and will continue until 5:00 PM the following Friday.** The extended quiet hour period will happen each semester during finals week.

Gambling

All forms of gambling for money are prohibited for all persons while on University owned or controlled property.

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Physical Violence

Residents have the right to live in a safe and secure environment, free from the threat of physical harm, malicious aggravation, or personal affront. Physical violence will be considered an act against the entire residence hall community. Intimidation and coercion of any type will not be tolerated.

Firearms, Knives, and Weapons

Possession of any firearm, including and not limited to, rifles, shotguns, handguns, paintball guns, and air guns, are strictly prohibited on University property, including resident suites, units, and cars. Possession of ammunition for firearms or any explosives, such as firecrackers, fireworks, dynamite cartridges, bombs, grenades, and mine explosive devices are also prohibited. In addition, possession of weapon parts, knives with blades longer than 6", bows and/or arrows, machetes, martial arts weapons, sling shots, leaded cans, brass knuckles, blackjack, mace/pepper spray, or other similar devices are prohibited. See the Campus Safety Website for more information.

If you need a storage space for athletic or hunting weapons (biathlon, archery, etc.), please contact the Dean of Students before your arrival to campus to discuss options.

Any internal combustion engine, automobile batteries, acids, gasoline, propane tanks, or barbeque grills are not permitted in the residence halls or apartments/houses. Knives are prohibited, except for kitchen tools and pocket knives. No pocket knife may have a blade longer than six inches. The list of prohibited knives includes bowie knives, daggers, swords, switchblades, or any other knife used with the intent to cause injury to another person.

Flammable materials, such as fuel, camping fuel and motorized vehicle fuel, or corrosive chemicals are restricted from the residence halls and garages. Fuel for camp stoves may be stored for students in the Moseley Sports Center.

Fire Safety Equipment

Fire extinguishers, smoke detectors, and fire alarm systems are in place for the protection of residents and should be treated with the well-being of all residents in mind. All fire safety equipment (e.g., pull stations, fire extinguishers, smoke detectors) should be used for emergency purposes only. Tampering with fire safety equipment is a misdemeanor and will result in University judicial action and possible civil action.

Smoke Detectors

All housing rooms are equipped with a smoke detector. Smoke detectors in student rooms are not to be disconnected under any circumstance. If you are

Campus Life Policies and Procedures

concerned that your detector may not be working, please notify the Campus Life Office or place a work order with maintenance.

Sprinkler Systems

When set off, sprinklers cause about \$20,000 of damage a minute. It is important not to accidentally set off a sprinkler. Sprinklers are very sensitive to touch. Do not drape or hang items off of the sprinkler heads or pipes, as it could cause them to go off.

Fire Alarms and Emergency Evacuations

Every time the fire alarm sounds, or any emergency arises, it must be treated as a real threat, and students and their guests are expected to follow the building evacuation guidelines below:

1. Put on your shoes and coat (especially in winter weather).
2. Leave your room with the lights on, doors closed, windows closed, and blinds open.
3. Proceed outside and meet in the designated area.
North & South Atwood—Meet in the Atwood Parking Lot.
Segelhorst—Meet on the path leading to North Atwood.
U. Village—Meet at the top of the hill, near the dumpster.
4. Remain outside until you are given the all clear signal from Campus Life Staff.

Guests and Overnight Visitors:

Guests must be escorted at all times and in all areas of the residence halls by their host. Hosts (students) are responsible for the conduct of their guests at all times, and guests are expected to abide by all Campus Life policies set forth in this handbook, as well as those in the Student Handbook. Guests who are acting inappropriately will be asked to leave the residence halls immediately.

Guests may stay overnight in a resident's room provided there is no roommate/suitemate conflict or displacement. **The right of the suitemate to privacy supersedes the right to host an overnight guest.**

Guests may not stay longer than three (3) nights in a seven (7) day period, or more than eight (8) nights in a semester. If a guest needs to stay longer than three nights, please speak with your roommate/suitemates **and** the Director of Campus Life in advance.

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Windows and Roof Access

No person shall drop or throw things from windows. Nor shall anyone enter or exit through a window unless it is an emergency. All roofs and outside ledges of buildings are closed to students. Other areas may be designated as “closed areas” and students should avoid these areas.

Janitorial Services

Campus Life contracts with an outside cleaning service, Q-1, to provide regular, weekly cleaning of the bathrooms in North and South Atwood. South Atwood residents can expect to see a janitorial staff member in their suite on Tuesdays. Janitorial will be in North Atwood on Thursdays. To ensure that your bathroom is properly cleaned by staff, make sure you have moved all of your personal items off of the bathroom counters, sinks, bathtub/shower walls, etc. on the day Q-1 is to be cleaning your bathroom. Q-1 is also responsible for cleaning the 1st and 2nd floor lounges in North and South Atwood as well as the hallways and stairwells in Segelhorst. **Q-1 is not there to clean up after you, but to help keep the place tidy.**

Q-1 is not responsible for cleaning your bedroom or any other spaces in your common room. If you fail to maintain a clean space in your suite, Campus Life will first ask you to clean up your space. If you do not clean your space by the deadline given to you by Campus Life, janitorial will be asked to come and clean it for you, at your own expense. See the Cleaning and Damage Charge List in the appendix.

Garbage and Recycling Policies

Residents are responsible for removing trash and recycling from their living spaces. There are garbage dumpsters located in the loading bay off of the basement of the Atwood Center, near Segelhorst, and at the top of The Row. Residents may not leave garbage in the stairwells, hallways, lounges, garages, storage units, or in front of their houses/doors. Residents found not properly disposing of trash will be assessed a trash removal fee.

Recycling

What can be recycled?

Mixed Paper
Plastics
Aluminum & Tin
Glass

We cannot recycle plastic bags with our program. You may gather your recyclables in a plastic bag, but you will need to empty the bag into the

Campus Life Policies and Procedures

appropriate recycling containers. Most items can be placed in the green and yellow roller containers, mixed together. Glass and corrugated cardboard are the two exceptions to this process. The nearest recycling location to the residence halls is at the rear entrance of the Atwood Center.

Glass will not be picked up by AK Waste, however, there will be special bins designated for glass only, which will be transported to the recycling center as needed by the APU Recycling Team.

Cardboard is recycled in the large receptacles outside of Grant Hall or by the Atwood Center. Small paperboard boxes (cereal boxes) may be recycled as mixed paper.

How Do I Get Involved?

Staff will ***not*** be collecting recyclables from residence hall rooms, lounges, offices, or office suites, so please ensure you are emptying your own recycling into the designated containers in the recycling area for the recycling team to pick up.

I challenge everyone to take initiative to become more involved. Recycling is one of those types of programs that needs support to continue its viability. Please remember that the recycling isn't leaving the University on its own; our peers and our students are moving it. Try to be neat and avoid throwing garbage into the bins; we needn't make the job a miserable one for the people willing to take it on. If you have any questions, please speak with Chris Pavadore in Dining Services.

Thank you all for doing your part in this effort!



Campus Life Policies and Procedures



Mixed Paper

- Glossy paper
- Junk mail (window envelopes are ok!)
- Paperboard (e.g., cereal boxes)
- Newspapers, phone books, magazines
- Food-contaminated items are *not* recyclable (stains, grease)



Plastics

- PET #1
 - soda and water bottles
- HDPE #2 jugs with a screw top neck
- Remove *all* tops
- Rinse before recycling
- NO PLASTIC BAGS



Glass

- Empty *and* rinse all containers
- Not picked up by AK Waste

Aluminum/Tin

- Empty *and* rinse
- Soda cans, canned foods, #10 cans
- Labels may be recycled on can

Campus Life Policies and Procedures

Resident Storage

Limited storage space is provided to students in each residence hall, free of charge. Summer storage is on a space available basis for students living on campus the next fall only or for APU students participating in the Eco-League Exchange program. All items must be clearly labeled with your name, the date you are placing them in storage, your phone number, and where you will be living in the fall. Storage labels are provided by the Campus Life Office and can be picked up outside the offices. The University is not responsible for any items placed in storage.

Parking on Campus

Parking is FREE to all students and visitors! All vehicles are required to register with Campus Safety or IT and receive either an APU parking sticker or a guest/temporary permit. Unapproved cars parked in reserved spaces or in non-designated spaces are subject to ticketing, fines, and disciplinary action. Street parking on the row is strictly prohibited.

Heat

Heating systems within all the residential areas are thermostat controlled. If your heating system is not operating properly, please complete an online maintenance request. If you are too hot, opening your window will only cause the system to pull out more heat. Turn your heat down or off instead, and turn on a fan. If you are cold, approved space heaters can be checked out from the Residence Resource Room (R3). They are available on a first come, first reserved basis. You may also purchase your own space heater, so long as it have an emergency (tip over and over heat) shut off feature and there are no exposed heating elements. **Oil based spaced heaters are not permitted.**

Laundry

Coin-operated laundry facilities are provided in each residential facility. North and South Atwood residents share a laundry room in the basement of the Atwood Center, Segelhorst residents share a facility on the first floor of the building, and each University Village unit has its own washer/dryer that is shared by the house residents. All washers and dryers are available 24/7. The cost to wash and dry is \$1.50 per machine/load. If there is an issue with the washers or dryers, please put in a maintenance request. Campus Life is not responsible for any items placed in the machines. Please use common courtesy while using the facilities. Do not remove or take items that are not yours from the machines. Remove your items in a timely manner when they have finished in a machine. Do not let items sit in the machines overnight or all day long.

Campus Life Policies and Procedures

Room Decorations

Campus Life wants you to have the freedom to express yourself and to make your space feel like home. We only ask that keep the “**Leave No Trace**” philosophy in mind as you start to decorate your space. Avoid doing things that may damage walls or woodwork like painting, using pins, nails, thumbtacks, staples, duct tape, or other hard to remove adhesives. 3M strips are great, but can sometimes damage the walls in University Village and Segelhorst. Posters, plants, bedspreads, and a throw rug can help make your room feel like home.

Keys

The outside doors of the residence halls are all locked 24/7. For residents in North Atwood, South Atwood, and Segelhorst, your student ID will work as the key that allows you to gain entrance to the building and to your suite. Residents in South Atwood and certain resident in North Atwood will also be given bedroom door keys. Residents in University Village will be given keys that will allow them access to their house and to their bedrooms. These keys will allow you to come and go as you please.



You and your fellow residents bear the responsibility for maintaining security of the building by not letting strangers in, propping or taping doors, or giving your keys to friends. It is a fire safety hazard to leave your bedroom and suite doors propped open.

If you lose your hard key or ID key, please notify Campus Life immediately so that a new key can be made, and locks changed, if necessary. If your ID key is lost you will need to stop by IT to get a replacement card printed. Your student account will be billed for all lost keys and lock changes. Please see the Cleaning and Damages Charge List in the appendix of this handbook.

Recreation & Fitness

A benefit to living on campus is enjoying the easy access of to APU’s Weight Room & Climbing Wall located in the basement of the Atwood Center. This fitness center features free weights, weight-lifting machines, aerobic machines, and a variety of other equipment, as well as the bouldering wall area. Students can rent outdoor camping and adventure gear from the Outdoor Programs Equipment Room.

Base Camp Store & Mailroom

Mail

APU has its own post office and each student is assigned a post office box. Students are welcome to ship personal belongings prior to their arrival. To mail items in advance, please use the following address:

YOUR NAME
%CAMPUS LIFE @ APU
4101 UNIVERSITY DR.
ANCHORAGE, AK 99508



The Base Camp Campus Store and Mailroom are located on the first floor of Grant Hall. Questions about mail delivery should be directed to the APU Mail Room by calling (907) 564-8218.

Any student registered for classes at APU may request a mailbox for their personal use. The mailroom staff reserves the right to refuse or revoke box privileges to any box holder if they suspect a violation of University policy or state or federal law. A mailbox request form from the mailroom must be filled out in order to receive a mailbox. An APU student ID must accompany the student when applying for a mailbox.

Students can send and receive mail through the APU mailroom.

Sent and received packages may not contain any of the prohibited items listed on poster 138 of the United States Postal Service or in the DMM 601.10 guidelines. Mailroom staff will ask a student sending mail if packages contain these items.

Should a package be addressed to a student and be identified as containing an illegal product, a prohibited item, or something potentially hazardous, the mailroom staff, in consultation with the Business Services Director, may delay delivery until a meeting can be arranged with the student and the Dean of Students.

University policy violations may be referred to the Dean of Students office for disciplinary actions.

Students are responsible for their mailbox keys. The initial key will be incorporated into the student's housing registration. Replacement keys are \$10.00 per key and must be paid for at Base Camp. A fee of \$50.00 will be charged for failure to return mail keys when leaving APU permanently.

Base Camp Store & Mailroom

If a mailbox has not been emptied at least once a month, or is overflowing, and the mailroom staff cannot establish contact with the holder nor knows of any plans for their absence, a slip requesting the holder to contact the mailroom will be placed in the mailbox. If after two weeks there is no contact, the mailbox will be closed and mail returned to sender.

If a student will be gone for a long period of time (semester off, summer, eco-league), they must notify the mailroom staff and provide a forwarding address. Forwarding of mail will be done by the mailroom staff for a six-month period of time. After six-months, mail will be returned to sender.

Only first class mail can be forwarded through the USPS and is limited to addresses within the US. Packages will not be forwarded.

If a phone number is left with the mailroom, staff will attempt to contact the recipient, when a package is received.

If a student has no mail delivery option at their new destination, they may request that their box move to a provisional status in which only first class mail would be kept in the box. All presorted standard mail will be recycled and the mailbox will not be used for package deliveries.

Graduating students may keep their boxes for up to six-months after graduation. During this time all other mail policies will still apply to their boxes. Graduated students may close their boxes earlier if they wish. If a forwarding address is not provided at the end of the six-month period, mail will be returned to sender.

Non-APU persons may not hold a mailbox. Each mailbox holder must be enrolled in an APU class. Certain mailbox holders have been grandfathered into their box and are eligible to keep their mailbox until their employment status at APU changes or they request their box closes.

International students can work with the mailroom to comply with federal regulation concerning their address changes to comply with all USCIS and ICE regulations according to their visa type.



Service and Emotional Support Animals in Residence

In compliance with the Americans with Disabilities Act, institutions that receive federal funding are required to allow the use of service animals on college campuses in order to achieve access to programs, activities, and services. Under this policy, Alaska Pacific University does allow service animals in all buildings, including residence halls and dining areas, as well as at activities and events when the animal is accompanied on campus by individuals with a disability or who indicate the service animal provides a specific service to them.

Definitions

Pet – Any privately owned animal, reptile, bird, or fish.

Service Animal – A guide dog, signal dog, medically prescribed, or other animal individually trained to do work or perform tasks for the benefit of an individual with a disability, including, but not limited to, guiding individuals with impaired vision, alerting individuals with impaired hearing to intruders or sounds, providing minimal protection or rescue work, pulling a wheelchair, or fetching dropped items. The University reserves the right to inquire about specific tasks a service animal will perform and/or request documentation in instances where the identified tasks are not obvious. In the event that documentation is required it should be printed on professional letterhead and be less than a year old.

Emotional Support Animal – A companion animal which provides therapeutic benefit, such as alleviating or mitigating some symptoms of the disability, to an individual with a mental or psychiatric disability. Emotional support animals are typically dogs and cats, but may include other animals.

University-controlled Property - Property that is owned, operated, or maintained by the University.

Policy Overview

Pets can pose a threat to the health and safety of the campus community, as well as to a healthful educational environment (through allergy, excessive noise, waste, animal bites, and disease transmission via fleas, ticks, parasites, viruses, bacteria, etc.). Individuals with disabilities are at particular risk. For instance, dogs running freely pose a particular hazard to individuals using service animals. Pets on campus can also be destructive, causing damage to

Service and Emotional Support Animals in Residence

grounds, buildings, and property.

APU prohibits pets inside APU-controlled buildings, except for those animals that are exempted from this policy. Any person who walks a pet on APU-grounds shall be responsible for the behavior and actions of the pet, health and safety of individuals in proximity of the animal, and the health and cleanliness of the campus environment. To this end, the prompt collection and disposal of animal waste is required and all pets must be attended and leashed at all times.

Use of Service Animals on Campus

It is recommended that students who need the assistance of a service animal on campus register with Disability Student Services. By doing so, students will be able to:

- *Document their need for an appropriate classroom accommodation.
- *Receive an academic accommodation letter for their instructors at the beginning of each semester.
- *Access additional resources and services available to students with a disability.

Use of Service Animals in Residence Halls

Campus Life has modified its “No Animals Permitted” policy in the residence halls to accommodate the use of service animals and emotional support animals by students with disabilities.

It is a violation of the Campus Life Handbook for a student to commit, attempt to commit, aid, encourage, facilitate or solicit the commission of any of the following: Violation of any duly promulgated University Housing Policy; possessing pets of any kind within University Housing, except authorized guide dogs and other service and support animals.

Control Requirements

If the animal is not being controlled properly it ceases to provide a service and can be excluded from the residence hall. Therefore, the following guidelines for service and support animals are being set forth by the University to ensure that the animal does not engage in behavior that would be a direct threat to the health and safety of others. If the service or support

Service and Emotional Support Animals in Residence

animal's behavior is disruptive, aggressive or destructive, the student will be held responsible and may be asked to remove the animal from campus.

Guidelines for Service Animals and Emotional Support Animals on Campus

- *Animals must be in good health.
- *Animals must be properly vaccinated; vaccinations must be kept current.
- *Animals must be registered each year with the Municipality of Anchorage.
- *Proper documentation of vaccination and registration must be provided to the Director of Campus Life, every academic year.
- *Animals must be on a leash at all times.
- *Animals must be controlled by handler/student at all times.
- *Animals must be well groomed.
- *Service animals must be maintained in a manner that takes into consideration the health and hygiene of the animal and those who come in contact with the animal.
- *The student must be on campus with the service animal at all times.
- *Emotional support animals may never leave a student's room, unless it is to relieve the animal, or in case of a building emergency.
- *Service animals are strongly encouraged to wear a service vest at all times in public areas.
- *Emotional Support Animals are not allowed in suites/bedrooms, except for those belonging to the handler/student.
- *Only the handler/student may care for an animal. Animals may not be left with other students while the handler/student is off-campus or away from the animal.
- *Animals may not be left alone overnight.
- *Handlers/students will clean up after their animal. Animals will use pre-approved relief areas, and waste will be disposed of in proper, pre-approved locations.
- *Service animals are allowed in designated suites, common areas, and public areas, including the dining hall. However, the service animal may not be in a food preparation area without prior consent from the Director of Dining Services and the Director of Human Resources.
- *Animals must not be disruptive to the residence hall community. This includes things such as barking or noise that can be heard outside of the handler/student's room, improper disposal of waste, unclean/cared for animals, etc.
- *External kennels are not permitted for any animal.

Service and Emotional Support Animals in Residence

*For emergency purposes, Campus Life will place a picture of the animal on the suite door and main building doors, identifying that a service or emotional support animal lives in the building/room.

Relief Areas

Students who use service/support animals should meet with the Director of Campus Life before the start of each semester to discuss procedures for identifying proper waste disposal areas on campus. The student is ultimately responsible for the cleanliness, grooming and health of the animal and must take responsibility for the proper disposal of all waste.

The default area for any animal relief is the tree line at the edge of the woods. Pet waste must be disposed of in dumpsters. Office, suite, and common area trash receptacles must be avoided as a place to dispose of pet waste.

Failure to Comply

Violation of these regulations may result in confiscation of the pet and/or administrative or disciplinary action to the owner. The handler/student may be asked to permanently move their animal off-campus.

Unattended or Unrestrained Animals:

When an animal is not restrained or not attended, a reasonable attempt will be made to locate the animal's owner. If all attempts to find the animal's owner are unsuccessful, Campus Life will contact the City of Anchorage Animal Control which will remove the animal from APU property. An animal is restrained or attended when it is in the immediate vicinity of an owner, and either on a leash of six feet or shorter, in a cage/carrier, or, in the case of a certified Service Animal, voice-controlled by a person competent to govern the behavior of the animal. To be considered attended an animal may not be left fastened to a stationary object.

Damage to APU Property:

APU will seek restitution for any animal-related damage to university-controlled property, facilities, or grounds. The repair or replacement cost of damaged property is the sole responsibility of the owner of the animal that caused the damage, or the host of a non-APU guest.

Service and Emotional Support Animals in Residence

To Report a Violation:

To report a violation of this policy, contact the Director of Campus Life or the Dean of Students.

Appeals Process

If a student is asked to remove a service/support animal from the residence halls, the handler/student of the animal may file an appeal and request a review of the alleged violation to the policy. Appeals under the Service & Emotional Support Animals in Residence Halls Policy must be made in writing and submitted to the Dean of Student's Office in accordance with the following procedures.

- A.** The appeal should be submitted in writing by the student within fifteen (15) working days from the date of the alleged violation and contain the name and address of the person(s) filing it.
- B.** Briefly describe the circumstances and argument in defense of allowing the service/support animal to remain on campus.
- C.** An investigation conducted by the Dean of Students, as may be appropriate, shall follow the filing of a complaint. The investigation shall be informal but thorough, and it should afford all interested persons and their representatives, if any, an opportunity to submit evidence relevant to the complaint.
- D.** A written determination of the resolution shall be issued by the Dean of Students and forwarded to the student no later than ten (10) working days after the written appeal is submitted.
- E.** The Coordinator for Disability Student Services shall maintain files and records relating to the complaints for a period of three years.

Appeals should be submitted to the Dean of Students Office:

Ben Hahn, Dean of Students
Dean of Students Office
4101 University Dr.
Anchorage, AK 99508
(907) 564-8287
bhahn@alaskapacific.edu

Service Animals Welcome



Property Loss and Damage

The University does not insure personal property and cannot accept responsibility for student property that is stolen, lost, or damaged. It is necessary for all residents to take responsible precautions in securing and identifying their property, especially items such as bicycles, electronics, and outdoor gear. Students can register their valuables with the Campus Safety Office. We strongly urge all residents to keep their rooms and units locked whenever they are out and while sleeping. If you are interested in “dorm insurance” please speak with your insurance company. Many companies now offer special insurance programs for college living. You may also get a free quote from National Student Services Inc: <https://my.nssi.com/application.aspx?ptid=5>

Students are responsible for the APU property they use and live in while they are here. This includes, but is not limited to, keys, furniture, living space walls, floors, and ceilings, and items found in personal and common room spaces. Students will be billed for any damage that happens to the space while they are renting from APU. If a single person cannot be determined for causing the damage, the cost of repairs will be split among suitemates or residents of the area. Residents are financially responsible for any damage caused by their guests.

University furniture is not to be removed from its assigned location within student housing. Lounge/common area furniture is intended for the use of all students and is not to be moved into a student’s room. Homemade lofts are not permitted, but you can obtain a loft from your RA or R3 at no additional charge.



Student Conduct Process

Students who violate or are otherwise at dissent with the APU Student Code of Conduct, State Law or Campus Life Policies can expect disciplinary action. The steps outlined below explains the ***Informal Conduct Process*** used by the Campus Life Office:

Step 1: When an individual is confronted for a suspicion of violating a policy, an Incident Report will be written outlining the facts of the situation, how it was dealt with, and any other relevant factual information. This document is not a judgment of innocence or guilt, but rather the description of the situation and an outline of the events as observed by the individual who reported it. In some instances, an incident report is filed electronically with the Campus Safety Office and forwarded to the appropriate office.

Step 2: Once an incident report is filed, a disciplinary meeting will be held with the Director of Campus Life no later than **one week** from the date the incident report was filed. Failure to respond to a meeting request within the appropriate time frame will indicate that you waive your right to participate in the hearing and that a decision will be made without your presence.

Step 3: Once scheduled, this meeting will serve as an opportunity for the individuals involved to explain the situation in their own words, and discuss the event with the Director of Campus Life. The outcome of this meeting will result in one or more of the following:

- A. The student will be found “not responsible” of a policy violation.
- B. The student will be found “responsible” of a policy violation, at which point a sanction will be given that must be completed within the given timeframe, set forth in the sanction letter.
- C. In severe cases, the meeting will result in a formal hearing and meeting with the Dean of Students under the Student Conduct process outlined in the APU Student Handbook.

Failure to complete a sanction within the specified time will result in a violation of the noncompliance conduct code as noted in the Student Handbook on pages 35 through 39. A finding of “in violation” for noncompliance results in automatic student housing probation and may result in the immediate termination of your housing contract. A student who disagrees with their sanction has fifteen (15) business days to write an appeal to the Dean of students office. Reasons to file an appeal can be found in the Student Handbook, pages 35-39.



Student Conduct Process

Disciplinary Probation

A student is given the opportunity to demonstrate they can be a responsible and important member of the APU community by agreeing to abide by the Code of Conduct and remain a student with restrictions on activities.

Examples include:

*The student may not serve in student leadership roles or represent the institution at meetings, conferences, or other formal events.

*Students may be given specific guidelines governing student activities or restriction to certain areas of campus.

Suspension from Residence

Serious infractions or repeated violations of University regulations, rules, and guidelines may lead to revocation of a student's ability to live on-campus. The sanction letter specifies the amount of time allowed before a student is required to leave campus. The housing contract/agreement is typically cancelled and payment for room and meal plan is not returned. Residence Hall Council fees are not refundable and housing deposits may be withheld.

Suspension from the University

A student suspended from the University is no longer an APU student and may not participate in any university-sponsored event, activity, class, or in activities sponsored by university recognized entities such as student organizations, RAP and ASAPU. In addition, the student is denied all other rights and privileges accorded to students in good standing including access to facilities. APU I.D. cards are voided. Grades are determined in accordance with established withdrawal policies. Fee refunds are determined on the same basis as a semester voluntary withdrawal (see Student Handbook for details). A meeting with the Dean of Students is required before a student can be re-admitted to the university.

Dismissal:

Serious or repeated violations of the Student Conduct Code or the rules governing drugs and alcohol at Alaska Pacific University can lead to dismissal from the University. All tuition paid is forfeited, the student is removed from university housing (if applicable) and prohibited from entering the campus. The ex-student suffers the other losses imposed for suspended students, and is not eligible to apply for admission at any time.

Student Conduct Process

Factors Considered in Disciplinary Sanctions

In determining appropriate sanctions at APU, the Director of Campus Life and/or the Dean of Students take into consideration a multitude of factors, including, but not limited to:

- *The student's statement during the disciplinary meeting
- *Information provided through incident report(s)
- *Statements of witnesses
- *Accepting responsibility for ones' alleged actions
- *The current and past disciplinary record of the student
- *The nature of the offense
- *The severity of any damage, injury, or harm resulting from the prohibited behavior to self, property or others
- *The severity of potential endangerment to self or others
- *Cooperation with APU officials during an incident
- *Civility with APU officials throughout the disciplinary process
- *Involvement as a host of guest who allegedly violate policies
- *The level of disruption to community
- *Relation of events to alcohol and drug policy violations see information in the Student Handbook

Safety Tips for Students

APU is a small, close-knit community, but there are no barriers that protect us from the "real world." Crimes take place in our society at large and the problem does not magically disappear at the edge of college campuses. Thefts, assaults, and other violations of the law can occur at APU and other colleges. It is not likely that you will be a victim of crime, but it is possible. The vast majority of incidents on college campuses can be avoided if students recognize that they can become victims and take basic precautions. At the very least, please **follow these 20 steps towards guarding your personal safety**:

1. Keep your doors locked and do not give your keys to anyone. This is the single most important bit of advice to protect both yourself and your property. APU is not responsible for theft or damage to your property while you reside on campus.



Safety Tips for Students

2. Protect your belongings by engraving your name on all valuables. Keep a record of your valuables that includes a description, serial number, and identifying characteristics. You can keep this with the Campus Safety Office which also has an engraver to label items.
3. Check to see if you can get your own insurance coverage (or coverage through your family's policy). Renter's insurance is relatively inexpensive and can be added through almost any insurance provider. Get a free quote from the National Student Services Inc: <https://my.nssi.com/application.aspx?ptid=5>
4. Report any strangers on campus or in the residence halls that you feel are suspicious, to the Campus Safety or the Campus Life Office. We're all responsible for each other and need to question any situation that doesn't seem quite right.
5. Talk to your roommates about safety. Discuss locking your door and not allowing unescorted visitors into your suite or unit.
6. Let someone know when you are leaving and when you'll be back, especially when you are gone for extended trips.
7. Never allow anyone into the residence halls that is not a resident. All guests are to be escorted by their host and may not enter the building without a resident student host.
8. Watch out for each other! Take responsibility for yourself, but also be a good roommate and keep an eye out on each other.
9. Always be alert to your environment. Personal safety begins with taking notice of your surroundings and responding appropriately to it.
10. When walking around campus in the evenings, or at times when there are fewer people on campus, travel in pairs or utilize the Safety Escort program by contacting **Campus Safety at (907) 564-8888**.
11. Do not prop open any doors or windows to buildings. Be sure to report any broken latches or other facility concerns immediately to through a maintenance request online with Facilities Management.
12. Report any crimes or violence immediately to Campus Life and Campus Safety.
13. If you are staying in the residence halls during a break period be sure to register with the Campus Life Office to sign the appropriate paperwork.
14. Don't over extend the usage of your electrical outlets in your residence hall room.

Safety Tips for Students

15. Know your emergency exits from the residence hall and vacate the hall each time you hear the Fire Alarm, unless instructed by the Campus Life Office to do otherwise.
16. Keep a flashlight and a small first aid kit in your residence hall room in case of an emergency.
17. If a medical emergency arises contact your Resident Assistant or Campus Safety. University staff members can assist with making phone calls to family members or for medical assistance.
18. Alcohol and drug use can place your health in danger. If you ever suspect that you or a friend, are at risk of being ill as a result of drug or alcohol use, don't worry about "getting in trouble"; contact a Resident Assistant or Campus Safety immediately for assistance. Your safety and well being is our number one priority.
19. Register your vehicle with the Campus Safety Office to obtain a parking pass. Park in designated parking areas to avoid tickets or damage to your vehicle. Keep your car locked and secured at all times. Don't leave keys or valuables in your car; if necessary, store them in the trunk or take them to your room.
20. Report any threatening or harassing behavior to Campus Life or Campus Safety. Report any vandalism or theft to Campus Safety immediately.

Your safety is very important to us. Don't take your personal safety lightly and remember to use your common sense in all situations.

Alaskan Wildlife

One of the most unique aspects of life on the Alaska Pacific University campus is the ability to experience nature in a relatively pristine state. This experience routinely involves interactions with those "other" campus residents. APU really is a place where the wild things are. Humans, as a part of this community, have a responsibility for stewardship of the natural environment and the critters that call our backyard their "home". Some animals that you may encounter on campus include the following:

Moose

Moose are perhaps the most frequent wildlife visitors to the APU campus. Though not normally aggressive; moose can be very aggressive in winter when they are hungry; tired of walking in deep snow; or harassed by people, dogs, traffic, or in spring when a cow moose has a young calf with her.



Alaskan Wildlife

Always be sure to stay a safe distance from any moose you see on campus. If they are blocking your path, it is best to find an alternate route to where you are going.

Bears

Alaska is home to both Brown Bears (also known as Grizzly Bears) and Black Bears. Both types of bears live in the Chugach State Park close to Anchorage, and Black Bears have been spotted on the APU campus in the past. The safest places to see bears in Alaska is at the Alaska Zoo and the Alaska Wildlife Conservation Center.



Fox

Though not unique to Alaska, the red fox is one animal that has been known to be seen on APU's campus in the past. As with other wildlife, it is best to observe from a safe distance.

Some general guidelines offered by the Alaska Department of Fish & Game for appropriate interaction with wildlife in Alaska are as follows:

Let animals eat their natural foods. Sharing your sandwich may get animals hooked on handouts; it may even harm their digestive systems. These animals may eventually lose their fear of cars, campers, or even poachers.

5 AAC 92.230. FEEDING OF GAME. A person may not intentionally feed a moose (except under terms of a permit issued by the department), bear, wolf, coyote, fox, or wolverine, or negligently leave human food, pet food, or garbage in a manner that attracts these animals.

Give wildlife plenty of space. Binoculars and spotting scopes allow you to view wildlife without getting too close. Approach wildlife slowly, quietly, and indirectly. Always give animals an avenue for retreat.

Leave "orphaned" or sick animals alone. Young animals that appear alone usually have parents waiting nearby.

Learn to recognize signs of alarm. These are sometimes subtle. Leave if an animal shows them.

Try to view animals without changing their behavior. Avoid using calls or devices that attract wildlife.

Caution! Even the friendliest looking animals are wild - and highly unpredictable. Keep your distance. If an animal is blocking your route, choose an alternate path.

Winter Travel and Expeditions

Many students who come to APU are interested in the vast array of outdoor adventures that can be experienced in Alaska — everything from backcountry skiing, mountaineering, sea kayaking, white water rafting, ice climbing, and glacier travel. Though you may have a great deal of outdoor experience elsewhere in the world, you must keep in mind that the Alaskan outdoors presents a wilderness that is typically more remote, that presents harsher climates, and that offers more technically challenging terrain.

If you are preparing to head out on a trip, please keep these things in mind:

Go with someone who has experience. If you are new to an activity or sport, consider signing up for a trip or clinic sponsored by experienced trip leaders through the APU Outdoor Programs Office.

Get the right information & gear. There are many resources available on back-country travel at APU. Talk with the staff with the Outdoor Programs Office regarding routes, recommended gear, and so forth, before heading out.

Make a trip plan. Whenever you go out, make sure to leave an outline of your trip, including your route, and when you expect to be back, with the Dean of Students Office and the Campus Life Office.

Campus Emergency Alerts

Many staff and faculty are working to ensure your safety. As part of that effort we have rolled out the use of Blackboard Connect Emergency Notification System. This system allows messages to be sent by text, email, and telephone in the event of an emergency to anyone who voluntarily signs up for this service.

Blackboard Connect allows you to store up to six phone numbers and two email addresses. The best emergency contact number is probably your mobile phone. Please provide multiple phone numbers where we can reach you.

Your personal information is being solicited for emergency purposes only. It will be retained in a confidential database and not used for solicitation or non-emergency purposes. You control how you will be contacted by submitting information beyond your University contact information. You can change your information or opt out by signing back into the system. To sign up, go to: <https://connect.alaskapacific.edu/Login.aspx?type=portal> Use the same APU credentials that you use for your APU email. Input your personal contact information and identify how you'd like to receive emergency notifications.

Housing and Meal Plan Contract and Terms

Alaska Pacific University offers residence hall accommodations in accordance with the guidelines set by the University. The University does not discriminate against any applicant on the basis of race, sex, color, disability, national origin, religion, creed, age, marital status, change in marital status, sexual preference, citizenship or authorized alien status, veteran or disabled veteran status or Vietnam veteran status or any other classifications protected by law.

Housing Contract

Housing contracts are for the academic year. Semester contracts are available for graduating seniors and Eco League Exchange students. Month-to-month contracts are not offered. Students may not sell or lease any portion of their contract/room to another individual. The contract becomes effective with the assignment of a room and the issuing of the room assignment letter. The contract term commences on the opening date of the academic term you marked on your contract OR the day you move into the residence hall if you sign up and move in after the first ten days of an academic term. Charges are not prorated during the first or last ten days of a term.

Security Deposit

A \$400 security deposit is due with the contract. The purpose of the deposit is: (1) faithful performance of the agreement, and (2) for damages beyond normal wear and tear. The \$400 deposit does not represent the maximum liability for fees associated with damages or violating terms of this agreement. Deposits are due August 1 (for fall) or December 15 (for spring).

Room Assignments

Students will be assigned rooms provided they are fully admitted full time students in good standing (academically, financially, and with the Dean of Students office) at the time room assignments are made. Assignments will not be given to students with a felony conviction unless approved by the Dean of Students. Students must maintain full time status to reside on campus or get approval from the Director of Campus Life. Assignments cannot be made without first receiving a completed contract and the \$400 housing deposit (unless special arrangements are approved by the Director of Campus Life). Housing priority is given to students returning to the housing program and then to new students based on the contract and deposit dates.

Room Changes

Changes in room assignments may be requested through the Campus Life Office. All changes must be approved by the Campus Life Office. The University reserves the right to reassign students either temporarily or permanently for safety, administrative, or disciplinary reasons with 48 hours notice. The University is not responsible for paying any of the fees associated with the required changes.

Payment

All payments for Room and Board costs must be made through the Student Financial Services office. If the student fails to pay their bill according to this agreement, the student will be assessed all costs associated with the collection of this debt. The student will be unable to enroll in future semesters at APU until the account is paid in full or a payment plan is set up with Student Financial Services. Students may also be denied access to their room until payments have been made.

Housing and Meal Plan Contract and Terms

Refunds

Refunds for room and board charges for residents who move out of the Residence Halls before the end of the contract period are prorated based on the check out date. Upon request, the \$400 deposit, less any deductions for charges or damages, will be returned to the student approximately eight (8) weeks after the end of the student's final agreement session. If a student has outstanding financial obligations to the University, this deposit may be held or applied to any balance.

Behavior

Residents are required to observe the Student Conduct Policy and Campus Life behavior policies as outlined in this handbook or be held liable for sanctions levied through Campus Life and/or the Dean of Students Office. Residents' contracts may be terminated for cause of behavior code violations and are therefore subject to contract cancellation provisions and charges.

Meal Plan

The Meal Plan begins on move in day and ends on the last day of class during the contract period. Students residing in North and South Atwood are given a Gold meal plan that is included with the cost of their room. Changes in the meal plan can only be made during the first two weeks of the semester. Meal service is not available for the period between semesters. Those not on the Meal Plan may opt to purchase a meal card. Any unused meals left on meal cards remaining at the end of the semester will not be reimbursed. Meals may not be transferred to any other person. The Meal Plan allows "to go" meals for students unable to eat during regular meal times if advance notice is given to Dining Services. Students living in University Village or Segelhorst are given \$500 a semester to spend at the dining hall, coffee cart, and farmers market, included with the cost of housing.

Cancellation

If a student has moved into the residence halls and intends to cancel their contract before it ends, termination notice must be given in writing to the Campus Life Office. **Students moving off campus after occupancy are subject to a \$500 cancellation fee** and prorated room and board charges. Charges are not prorated during the first or last ten days of a term. Cancellation fees will be waived under the following conditions:

- You have completed your academic program
- You are withdrawing, transferring, or otherwise leaving school
- You are relocating back with parents in Anchorage, or moving in with a spouse

Requests for other exemptions to the cancellation fee may be made to the Director of Campus Life but they are rarely granted.

The contract may be terminated upon notice given by the University or notice of cancellation given by the student. All cancellation notices must be in writing. Failure to follow appropriate cancellation or move out procedures may obligate the student for room and board charges. If a first time contracted student has not moved into the residence halls, they may cancel the contract by contacting the Campus Life Office in writing. After June 1, the **cancellation fee prior to occupancy for first time contracted students is the \$400 deposit.** The fee does not apply if the student is not admitted to APU. If a student on a returning student contract has not moved into the

Housing and Meal Plan Contract and Terms

residence halls, they may cancel the contract by contacting the Campus Life Office in writing. The **cancellation fee for returning student contracts is a \$500 fee regardless of the cancellation date.**

Property

The University is not responsible for loss, theft, or damage to personal property. Residents are encouraged to purchase their own personal property insurance. Charges for property loss or damage to University owned property will be assessed by the Campus Life Office and be taken out of the student's housing deposit. Charges in excess of \$400 deposit will become bills owed to Alaska Pacific University.

Checkouts

Any time a student moves out of a suite or unit, they are responsible for checking out with a Campus Life staff member and following the standard checkout procedure. These steps are as follows:

- Schedule a checkout appointment at least **24-hours** in advance with a staff member.
- Clean your suite or house, including your share of the public areas. This includes vacuuming, dusting, and trash removal.
- Meet with the staff member at the scheduled time for the room inspection, turn in all keys to the staff at this time, and sign the completed check out form. All personal items must be removed from the building prior to checkout.
- Complete the forwarding address portion of the checkout sheet.

An improper checkout fee will be assessed for any personal belongings left behind or if any of the above procedures are not followed. Additionally, any student who fails to check out of their residence by the closing date and time will also be subject to late checkout charges.

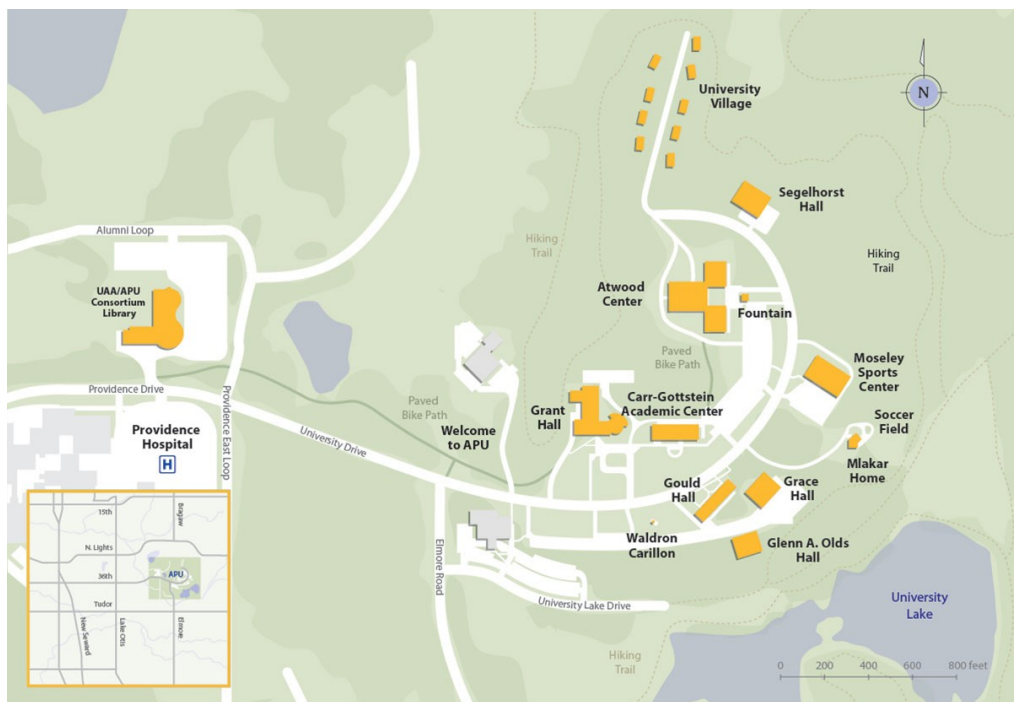
If you are returning to housing at a later time, your deposit will be held. If not, your deposit will be credited to your student account. Refunds will be mailed to the last address you have associated with your student account, as long as your University account is paid in full and there are no outstanding charges. If your deposit is being forfeited for any reason (charges for damage, cleaning, etc.), these will be deducted from your deposit with the remainder, if any, returned.

Please see the appendix for a list of the housing damage and cleaning charges.

Calendar Dates for 2017-2018

Aug. 17, 2017	Residence Halls Open at 9:00 AM for all students—Check in at the McMillen Student Center (MSC, 2nd floor of The Atwood Center).
Aug. 18, 2017	Fall Semester Bill Due
Aug. 18-20, 2017	New Student Orientation: Get to know APU—More information available online.
Aug. 21, 2017	First Day of Fall Block
Sept. 15, 2017	Last Day of Fall Block
Sept. 16-19, 2017	Fall Break
Sept. 20, 2017	First Day of Fall Session
Nov. 6, 2017	Spring Registration Begins
Nov. 22-24, 2017	Thanksgiving Holiday: Residence halls & dining services remain open for students. Meals will be on the brunch/dinner schedule.
Dec. 8, 2017	Last Day of Fall Session
Dec. 9, 2017	Residence Halls Close at 5:00 PM. Students wishing to stay on campus during winter break must make arrangements with the Director of Campus Life. Extra charges apply.
Dec. 9, 2018	Fall Graduation: Graduating seniors will have until 5:00 PM on 12/10/2017 to check out of the residence halls.
Jan. 4, 2018	Residence Halls Open at 9:00 AM for all students. New students check in by calling the RA on call at (907) 244-7955.
Jan. 5, 2018	Spring Bill Due
Jan. 8, 2018	First Day of Spring Block
Jan. 15, 2018	Martin Luther King Day Holiday
Feb. 2, 2018	Last Day of Spring Block
Feb. 5, 2018	First Day of Spring Session
Mar. 5, 2018	Fall Registration Begins
Mar. 12-16, 2018	APU Spring Break: Residence Halls & Dining Services will remain open for students. Meals will be on the brunch/dinner schedule.
Apr. 27, 2018	Last Day of Spring Session
Apr. 27, 2018	Summer Bill Due
Apr. 28, 2018	Residence Halls Close at 5:00 PM. Students wishing to stay on campus for the summer must make arrangements with the Director of Campus Life.
Apr. 28, 2018	Spring Graduation: Graduating seniors will have until 5:00 PM on 4/29/2018 to check out of the residence halls.

Campus Map



Driving Directions to Campus:

For GPS devices, use the following address:
4455 University Dr.
Anchorage, AK 99508

From North, West or South:

- Take 36th Avenue East, past Lake Otis (36th becomes Providence Drive, then University Drive).
- Remain on Providence Drive past Providence Hospital - cross Elmore Street (3 way stop) and you are on University Drive and the APU campus.

From Northeast (Eagle River) or Southeast:

- Take Tudor Road to Elmore Street.
- Head North on Elmore Street approximately 3/4 mile 'til road ends at 3 way stop; turn right and you are on the APU campus.

Frequently Asked Questions

How do I contact Campus Life?

Physical Address:

Atwood Center, 108

4455 University Dr.

Anchorage, AK 99508

P: (907) 564-8299

F: (907) 564-8806

E: housing@alaskapacific.edu

Mailing Address:

%Campus Life @ APU

4101 University Dr.

Anchorage, AK 99508

Hours of Operation: Monday-Friday, 9:00 AM to 5:00 PM, excluding holidays.

How do I see the Annual Campus Statistics for Campus Safety?

Alaska Pacific University carefully monitors the safety of students, faculty, and staff while they are at the University. The Campus Safety office works closely with Campus Life and the Dean of Students office in helping to create a safe and caring learning environment. To view our annual Clery Reports online, visit the APU website here: <https://www.alaskapacific.edu/campus-safety/campus-statistics/>

Who is required to live on campus?

All first and second year, full-time, undergraduate students are required to live on campus. Multiple studies have shown several benefits of residing on campus. On-campus students maintain a higher GPA, stay in school, graduate faster, and are more likely to get involved and stay connected, socially, academically, and as an alumni. Overall, on-campus students are more satisfied with their university experience.

Are there exceptions to the housing requirement?

Yes. Individuals meeting the following criteria may submit an exemption request and may be approved upon receipt and review of the "Request for Waiver of Housing Requirement" form and any required documentation. Please contact Campus Life for a copy of the waiver request.

- ◆ Students who are at least 21 years old prior to the first day of classes of their first term at APU.
- ◆ Married students and/or students with dependent children.
- ◆ Students with a documented medical hardship.
- ◆ Students who have earned 32 or more credit hours from an accredited college/university.

Other requests will be considered on a case-by-case basis. All exceptions must be approved by the Campus Life office.

How do I apply for housing?

Upon being admitted to the university, you can apply for housing online here: <https://ssl.alaskapacific.edu/housing/housing.aspx>

Frequently Asked Questions

When do I apply for housing?

It is never too late to apply for housing. However, you must first be admitted before you apply. Early application increases your chances of receiving your preferred housing assignment. We strongly suggest that you apply before May 30 for the upcoming fall semester or December 1 for the upcoming spring semester.

Am I guaranteed housing when I apply?

On-campus housing is guaranteed for all students who meet the first and second year, full-time, undergraduate requirement. All other students are assigned housing based upon date of application and space availability.

What fees are due at the time of application?

There is a \$400 housing deposit that is required when you apply for housing. This deposit must be paid by August 1 for fall semester and December 15 for spring semester. Should you decide to cancel your housing application, please notify Campus Life at housing@alaskapacific.edu. If you cancel before June 1 you will receive a refund of your housing deposit. If you cancel on or after June 1, you will incur a \$400 contract cancellation fee. See the Cancellation Policy on page 68 for more details.

Do I get to pick my roommate?

You may make roommate requests when you apply for housing. Students wanting to live together should list each other in their housing applications. Campus Life cannot guarantee any roommate requests, but will make all efforts to accommodate the requests they receive.

When will I receive my room assignment?

Once all room assignments are completed, they will be sent to the email address you provided on your housing application as well as to your APU email. Fall assignments are typically sent out in mid-July while spring assignments are sent around mid-December to allow for optimal roommate matching.

Once my room is assigned, can I request a room change?

If you would like to request a room change prior to moving in, please contact Campus Life at housing@alaskapacific.edu. If you would like to request a room change after moving in, please contact the Director of Campus Life.

What is the housing contract period and can I terminate my contract early?

Housing contracts are effective for the entire academic year (fall and spring semesters). One semester contracts are only available to graduating seniors and students participating in the Eco-League Exchange. If you wish to terminate your contract early, you must speak with the Director of Campus Life prior to vacating your space. You are required to fulfill all terms of your contract unless you graduate, are academically dismissed, are no longer enrolled, or have an approved extenuating circumstance from the Campus Life Office. Financial difficulties are not a contractually approved justification to terminate your contract and must be approved by the Director of Campus Life and the Dean of Students.

When is payment due?

For your convenience, Campus Life splits your housing and meal costs into a fall and spring semester bill. Bills are due the Friday before the start of block classes. Please speak with Student Accounts in advance if you are interested in a payment plan.

Frequently Asked Questions

What is included in my housing and meal plan bill?

Your housing and meal plan charge covers the cost of your room and meal plan for the entire academic year, minus winter and summer breaks. It also includes access to Dish TV in the North and South Atwood lounges, exclusive in-hall entertainment, internet service, 24-hour on-call assistance, 24-hour security, and all maintenance and utilities (electricity, water, gas, trash, etc.). For residents in North and South Atwood, this also includes a weekly bathroom cleaning in your suite.

Will my financial aid pay for housing?

Yes. Financial aid typically is applied to all charges on your student account, including housing. Any remaining balance is to be paid by you or your parent/guardian. Visit Financial Aid for more details.

Is on-campus living a better value than renting off campus?

When compared with off-campus rental apartments or houses, on-campus living is often less expensive and a lot more convenient. On-campus fees are all inclusive with no hidden fees or extra deposits. You will receive one bill for all services. Additionally, students do not have the hassle of subletting or paying rent for times when they are not living in their unit.

Can I view suites before moving in?

Yes, space permitting. We try to accommodate all requests, but depending on current occupancy, we may not be able to show you your future space, or one similar to it. You can arrange a tour by contacting the Admissions Office at admissionsoffice@alaskapacific.edu or Campus Life at housing@alaskapacific.edu

Can the university accommodate my disability?

APU is committed to making reasonable accommodations for those with disabilities. If you have special housing needs, please reference it on your housing application. You will also need to contact the Disability Student Services Coordinator at mwetherington@alaskapacific.edu or at (907) 564-8287. It is important for us to be aware of your needs as early as possible so we can assist you in obtaining suitable accommodations.

Is there internet connection in the student rooms?

Yes. All of the APU campus, including the residence halls are equipped with wireless internet. If you need to have a hard wired internet connection, please submit a request to IT at ithelpdesk@alaskapacific.edu

Are microwaves and refrigerators provided?

Students living in Segelhorst Apartments and University Village are provided a microwave and full sized refrigerator. Any student may bring one personal microwave and one mini-fridge, so long as they conform to University standards.
Mini-Fridge: No larger than 5.0 cubic feet, 36 inches in height, and 1.5 amps.
Microwaves: Cannot exceed 900 watts.

Frequently Asked Questions

What furniture is provided?

All residence hall rooms come with a regular twin bed with mattress, desk and chair, a wardrobe, dresser, and/or closet, a sofa, table and chairs, and bookshelf. Some suites will also have entertainment centers, end tables, and lamps. You are not allowed to take university-provided furniture out of the residence hall suite. All residence hall rooms are fully furnished. You are welcome to bring in more furniture if you would like, but you are responsible for removing it at the end of the year.

Are the residence halls open during the break periods.

The residence halls close down during the winter and summer breaks. If you need housing during these break periods, there will be an opportunity for you to sign a break housing contract at a special price that will be billed directly to your student account. The dining hall is closed during these periods.

Students paying to stay for winter break may stay in their academic year space. Summer housing students will be assigned a space in the Segelhorst apartments.

Halls do not close during Thanksgiving or Spring Break, though offices may not be open. Meals will still be served in the dining hall on the brunch/dinner schedule.

Do I have to move all of my belongings out of my room during winter break?

No. You are not required to remove your belongings during winter break, as long as you are returning to APU housing in the spring. You are required to remove and store your belongings during summer break.

When is move-in day for fall 2017?

Move-in day is Thursday, August 17, 2017, beginning at 9:00 AM. Orientation begins on Friday, August 17, 2017, and Block Classes begin on Monday, August 21, 2017.

Can I move in prior to move-in day?

If you would like to request an early move-in date, please contact Campus Life at housing@alaskapacific.edu for more information. If space is available and/or you fall room is ready, we will try to accommodate your request. An early move-in fee will apply at \$35 a day.

Is there a room my parents/friend/sibling/family member can stay in during move-in and orientation?

Contact Campus Life at housing@alaskapacific.edu for a specific request about room availability during move-in. If space is available we may be able to accommodate your request, but this is not always the case. Special rental pricing will apply and will be billed to the student's account.

Is there a hotel nearby?

The Spring Hill Suites (University Lake) is located at the base entrance of campus and is within walking distance of the residence halls. They can be reached at (907) 751-6300.

Can I have a car on campus?

Yes. You can obtain your parking pass through Campus Safety by providing details about your car and your contact information. Parking passes are FREE! There is a parking area for each residence hall, with limited electric plug ins for winter weather. University Village residents have driveways at each house that are shared with upper and lower unit residents.

Frequently Asked Questions

What should I bring?

You should bring regular twin bed linens, pillows, and bath linens. It is also recommended that you bring an alarm clock, desk lamp, iron, clothes hangers, laundry bag and/or hamper. Window blinds are provided in each room, but you may want to consider bringing curtains. Consider black-out curtains. Please see the “What to Bring” list attached to your housing assignment letter and on page 24 of this handbook.

Are pets allowed?

Only fish in aquariums 10-gallons or smaller are allowed. There is a strict financial penalty for housing an unapproved pet. If you require the assistance of a service animal, please contact the Disability Student Service Coordinator at mwetherington@alaskapacific.edu or at (907) 564-8287.

How do I receive my mail and packages?

You must request a personal mailbox from the mailroom staff on the first floor of Grant hall, located with the Base Camp, campus store. All mail and packages are delivered here. All items small enough to fit in your personal mailbox will be delivered to the mailboxes located in North and South Atwood. Items too large to fit in the mailboxes must be picked up at the mailroom. You will get your final mailing address after you receive your personal mailbox.

Can I ship stuff in advance of my arrival even if I don't have a mailbox yet?

Yes. You can mail your items to yourself here at APU and we will store them until you are able to pick them up from the mailroom. **Please do not mail your belongings any earlier than August 1.** After you arrive on campus you can get a mailbox (your personal mailing address) from the mailroom. In the meantime, you can use this address to ship your belongings in advance:

Your Name

%Campus Life @ APU
4101 University Dr.
Anchorage, AK 99508

Do I have to have a meal plan?

All APU housing students are required to be on the meal plan. For more information on the meal plans, please see pages 9-10.

Should I purchase renter's insurance?

Yes. It is recommended you purchase renter's insurance or see if a homeowner's policy covers loss of personal property. The University does not cover personal property damage or loss that occurs in the residence halls. If you are interested, you can purchase a plan through National Student Services Inc:
<https://my.nssi.com/application.aspx?ptid=5>

When do the residence halls close?

Closing is at 5:00 PM on Saturday, December 9, 2017 (fall) and Saturday, April 28, 2018 (spring). Graduating seniors will be given an extra 24-hours to check out at no additional cost.

Frequently Asked Questions

What if I want a room change?

If you would like to request a room change prior to moving in, please contact Campus Life at housing@alaskapacific.edu. If you would like to request a room change after moving in, please speak with the Director of Campus Life. Room Changes are not automatic and are not always granted. You may be asked to go through certain processes, such as roommate mediation or setting up a roommate agreement before a room change is allowed to take place.

What if my roommate and I do not get along?

Roommate conflicts happen among even the best of friends. Please speak with your roommate about the situation. You can also speak to your Resident Assistant (RA) or someone in Campus Life for assistance in handling the conflict. You are not alone in this.

Are there laundry machines on campus? How do I pay for them?

Each area has its own laundry room. North and South Atwood residents share a laundry room in the Atwood basement, Segelhorst laundry is located on the first floor, and each unit of University Village has its own washer and dryer. Every washer and dryer is coin operated (quarters) and costs \$1.50 per machine, per load to use.

Do you provide summer storage?

Yes. Storage is located in all housing areas, with the exception of South Atwood. Students returning to housing the following fall may store their items for free in the storage provided in their next housing area. Items must be properly boxed and labeled. Storage space is limited and shared with all residents of that area.

Do you provide rides to campus from the airport?

During fall orientation limited rides on a shuttle are provided, if you schedule in advance by calling us at (907) 885-4837 or emailing us at orientation@alaskapacific.edu. The more notice you give us the better we will be able to reserve a spot for you.

What do I do if I need to check in during a time that is not fall move in?

Email Campus Life to let us know when to expect your check in. This will help prepare staff to be ready for you. Once you arrive on campus, call the staff member on duty at (907) 244-7955, and we'll be able to help you check into your space.

What address do I use for food delivery?

You can use the building physical address for GPS devices or if you want to order delivery. This address cannot be used for mailing. **All mail will be returned to sender.**

North & South Atwood: 4455 University Dr.

Segelhorst Apartments: 4500 University Dr.

U. Village, R1: 4710 University Dr. (Upper or Lower)

U. Village, R2: 4730 University Dr. (Upper or Lower)

U. Village, L1: 4715 University Dr. (Upper or Lower)

U. Village, L2: 4735 University Dr. (Upper or Lower)

U. Village, L3: 4755 University Dr. (Upper or Lower)

Wait! Wait! I have another question!

Please contact Campus Life at housing@alaskapacific.edu or at (907) 564-8299. We would love to hear from you!

Appendix A

Campus Life Cleaning and Assessment Charges Guide

Cleaning Description	North and South			U. Village & Segelhorst		
	Light	Medium	Heavy	Light	Medium	Heavy
Bathroom (per)	\$20.00		\$35.00	\$25.00		\$40.00
Bedroom (per)	\$10.00		\$25.00	\$10.00		\$25.00
Carpet Cleaning						
Bedroom	\$20.00		\$35.00	\$25.00		\$40.00
Hallway	\$20.00		\$35.00	\$20.00		\$25.00
Common Area	\$40.00		\$60.00	\$50.00		\$75.00
Permanent Stains	\$25.00	per 1 sq. ft. area		\$25.00	per 1 sq. ft. area	
Furniture Cleaning						
Bedroom	\$10.00		\$15.00	\$10.00		\$15.00
Living Rooms	\$15.00		\$15.00	\$15.00		\$15.00
Kitchen	N/A	N/A	N/A	\$15.00		\$15.00
Living Room & Kitchen						
Basic Cleaning	\$15.00		\$30.00	\$40.00		\$60.00
Microwave	N/A	N/A	N/A	\$10.00		\$10.00
Refrigerator	N/A	N/A	N/A	\$15.00		\$25.00
Stove/Oven	N/A	N/A	N/A	\$20.00		\$35.00
Cabinets	\$15.00		\$15.00	\$15.00		\$15.00
Tile Floor Cleaning	\$25.00		\$50.00	\$25.00		\$50.00
Wall Cleaning (per wall)						
Kitchen	N/A	N/A	N/A	\$15.00		\$25.00
Living Room	\$20.00		\$35.00	\$15.00		\$25.00
Bathroom	\$15.00		\$25.00	\$20.00		\$35.00
Bedroom	\$15.00		\$25.00	\$15.00		\$25.00
Hallway	\$15.00		\$25.00	\$15.00		\$25.00

**If the amount of cleaning charges adds up to more than the cost of a Full Suite Cleaning, ignore all individual assessment costs and charge a Full Suite Cleaning.

Full Suite Cleaning	\$300.00	\$400.00
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Damage and Miscellaneous Charges

	Charge	Restrictions	Maximum Replacement
Beds Debunk	\$25.00		
Bunking Pins	\$5.00	per pin	\$20.00/four pins
Blinds (replacement)	\$35.00		
Carpet Burns	\$20.00	per sq. inch	
Ceiling Tiles	\$15.00		
Counter	\$20.00	per 3 sq. inch	\$150.00
Door Damage or Replacement	\$200.00		\$350.00
Eye Viewer in Door (peep hole)	\$20.00		
Fire Extinguisher	\$45.00	For Refill	\$110.00 for missing
Furniture	\$40.00	Fixable Damage	contact DCL for market value
Furniture Displacement	\$50.00		
Identification Signs	\$30.00	Bedroom	\$50.00 Suite/House
Improper Checkout	\$100.00	Please Note Reason	
Improper Pet	\$350.00	For Cleaning	

Campus Life Cleaning and Assessment Charges Guide

Appendix A

Damage and Miscellaneous Charges			
	Charge	Restrictions	Maximum Replacement
Improper Room Change	\$50.00	Not in correct room	
Light Fixture Cover	\$30.00		
Lock Change	\$50.00	For North and South	\$200.00 for U. Village
Mail Key - Lost	\$50.00		
Mattress	\$200.00		
Microwave	\$50.00	Labor to Fix	\$350.00 to replace
Message Board Removal	\$35.00		
Odor Removal - Bedroom	\$40.00		
Odor Removal - Suite	\$100.00		
Outlet Cover Plate	\$5.00	Damaged - Usable	\$10.00 - Replaced
Refrigerator Damage	\$75.00	Fixable Damage	\$650.00 to replace
Removal of Belongings	\$25.00	per carry out load	
Shower Curtain	\$25.00	Replacement	
Stove Drip Pans	\$10.00	per pan	
Thermostat	\$250.00		
Toilet	\$375.00		
Wall Damage			
Rips/Tears	\$10.00	per 1" area	
Pinholes			
0-25	\$25.00		
25-100	\$50.00		
100+	\$100.00	If covering 4 walls to repaint. If less, subtract \$25.00	
Larger Holes			
Up to 3"	\$35.00	Segelhorst \$100.00	
Up to 6"	\$50.00	Segelhorst \$125.00	
Up to 18"	\$75.00	Segelhorst \$150.00	
18" and Larger	\$150.00	Segelhorst \$275.00	
Window Pane	TBD	Contact DCL	
Window Screen - Missing	\$45.00		
Lost Key	\$50.00		
Lost Key Card	\$35.00		
Broken Door Reader	\$400.00		
Washer Damage	\$50.00	Fixable Damage	\$450.00 to replace
Dryer Damage	\$50.00	Fixable Damage	\$450.00 to replace
Smoke Detector	\$50.00		
CO2 Detector	\$50.00		
Trash Removal	\$25.00	per carry out load	
Facuet Damage	\$35.00		
Towel Bar Replacment	\$40.00		
Walls - Repainting	\$100.00	1-2 Walls	\$250.00 for entire room
*Contact the DCL with any questions or clarifications about charges.			

Appendix B

Having a positive relationship with suitemates and roommates can occur if each person tries to make an honest attempt to get know one another. Prepare for this new experience of living with new people with an open mind and an appreciation for differences. The following discussion topics are designed to help in practicing the important communication skills of careful listening, open and honest feedback, and reaching a mutually agreed upon living arrangement. These are the foundations of excellent communication skills.

Step 1: Getting To Know You

During the first couple of days at APU, begin to get to know each of your suitemates. If each has just met, it can be difficult to begin sharing, but start with the basics. Here are some suggested topics for “breaking the ice”:

- *Discuss family backgrounds, hometowns, neighborhood, high school friends, and best friends.
- *Share reasons for coming to APU and Alaska (if from out of state).
- *Talk about hobbies, interests, and activities.
- *Share what you will miss most while being away from home or what you will miss the least.

Part II: Personal Preferences

Living in the same space does not mean everything must be done together and perhaps not necessarily becoming the best of friends, but you do need to develop the ability to communicate with one another and adapt to each other’s lifestyle. Discuss the following questions with each other.

Roommate Preference Questionnaire

1. Discuss sleeping habits (i.e., weekdays, weekend, etc.).
2. Discuss your sense of humor (e.g., silly, sarcastic, etc.).
3. What time one typically comes home? (e.g., before midnight, after midnight, 2:00 am). Talk about how to handle late nights and evenings.
4. Discuss issues about the noise level in the room (e.g., TV, radio, studying, sleeping, etc.).
5. Talk about TV habits.
6. Is it bothersome if the roommate watches TV when others are in the room? (Give examples when it would/would not be okay).
7. Talk about cleanliness habits (e.g., very neat, messy, etc.)
8. Discuss music preferences?
9. Where do each of you like to study?
10. What belongings are okay to share? What are the ground rules?

Appendix B

11. How does one feel about the use of drugs/alcohol?
12. Does one smoke?
13. What are one's spiritual or religious values?
14. What are some habits your roommate might need to know?

Part III: My Emotional Style

By sharing some information about emotional styles, it may make understanding and responding to each other easier. Discuss the following topics with your suitemates:

1. When I am upset about something I usually...
2. Something that usually cheers me up...
3. When things are going really well I'm usually...
4. I would prefer to be left alone when...
5. When do we need time alone?
6. How will my roommates let me know when they need time alone?
7. When I'm angry it is usually because...
8. What makes my roommates angry?
9. How will my roommates let me know when they are angry?
10. I get tense or uptight when...
11. What makes my roommates tense or stressed?
12. How will my roommates let me know when they are tense or stressed?
13. When I am tense/stressed it is usually because...
14. How will my roommates let me know when they are tense/stressed?
15. Something that is likely to annoy me is...
16. How will my roommates let me know what annoys them?
17. We will communicate feelings or frustrations by...
18. To me, relaxing is...

Part IV: My Impressions/Reactions

Try to follow these guidelines:

- *Be willing to listen and speak openly.
 - *Try to understand rather than evaluate or judge.
 - *Be receptive to different ways of life and different values.
 - *Be willing to make compromises.
 - *Spend time getting acquainted.
- Be aware of assumptions and try to get the facts.

When differences arise, try talking out issues while using the communication skills that help most—be open and honest, listen closely, and be specific. Feel free to utilize the Campus Life staff in a mediation.



Office of Campus Life
Alaska Pacific University
4101 University Drive
Anchorage, AK 99508

Phone: (907) 564-8299
housing@alaskapacific.edu

