



Expedition Alaska

SC11000 Personal 'Gear' List - Fall 2018

Good news! APU will provide all the group gear for the river trip: tents, boats, and so on. We will also outfit each of you with rubber boots, rain gear, warm overclothes, and a sleeping bag.

You will need to provide the rest, but please note: if you do not already own these, you will want them anyway to be comfortable through the Alaskan winter. And, there will be 'shopping' opportunities once you are in Anchorage, before we set out for the Yukon River. By having good gear appropriate for the activity and conditions, you will be able to take care of yourself and others, and enjoy and learn fully.

Some principles:

- A. Get the basics, you will use them often at APU. This includes base layers, footwear, hats/gloves, shells, and some "miscellaneous."
- B. Look for durable, lightweight gear good in cold, damp, environments. Do not bring cotton or cotton blend clothes.
- C. Shop around. Discount/outlet stores – and second-hand stores in Anchorage - can have heavily discounted items.
- D. When in doubt, email the instructors or wait until you arrive at APU.

We look forward to meeting you and having an excellent course!

Professors Tim Rawson, trmson@alaskapacific.edu

Have *Need*

Head

- | | | |
|--------------------------|-----------------------|-----------------------------|
| <input type="checkbox"/> | <input type="radio"/> | Baseball cap |
| <input type="checkbox"/> | <input type="radio"/> | Wool Synthetic ski hat |
| <input type="checkbox"/> | <input type="radio"/> | Scarf, buff, or neck warmer |

Torso (No Cotton!)

- | | | |
|--------------------------|-----------------------|--|
| <input type="checkbox"/> | <input type="radio"/> | Wool/synthetic base layers |
| <input type="checkbox"/> | <input type="radio"/> | T-shirt |
| <input type="checkbox"/> | <input type="radio"/> | Some sweaters, fleece layers, or light warm jacket |
| <input type="checkbox"/> | <input type="radio"/> | Wind shell (optional) |

Legs (No Cotton!)

- | | | |
|--------------------------|-----------------------|----------------------------------|
| <input type="checkbox"/> | <input type="radio"/> | Wool/synthetic base layers |
| <input type="checkbox"/> | <input type="radio"/> | Whatever you wear for undies |
| <input type="checkbox"/> | <input type="radio"/> | Nylon athletic shorts (optional) |

Have *Need*

Hands

- | | | |
|--------------------------|-----------------------|--------------------------------|
| <input type="checkbox"/> | <input type="radio"/> | Some kind of gloves for warmth |
|--------------------------|-----------------------|--------------------------------|

Feet

- | | | |
|--------------------------|-----------------------|--------------------------|
| <input type="checkbox"/> | <input type="radio"/> | Sneakers |
| <input type="checkbox"/> | <input type="radio"/> | Socks- wool or synthetic |

Non-Clothing Items

- | | | |
|--------------------------|-----------------------|------------------------------------|
| <input type="checkbox"/> | <input type="radio"/> | Sunglasses |
| <input type="checkbox"/> | <input type="radio"/> | Water bottle |
| <input type="checkbox"/> | <input type="radio"/> | Day Pack |
| <input type="checkbox"/> | <input type="radio"/> | Bandanna/handkerchiefs |
| <input type="checkbox"/> | <input type="radio"/> | Small flashlight or headlamp |
| <input type="checkbox"/> | <input type="radio"/> | Toiletries and personal care items |
| <input type="checkbox"/> | <input type="radio"/> | Pencils and pens |

