



Expedition Alaska

SC11000 Personal 'Gear' List - Fall 2022

Good news! APU will provide all the group gear for the river trip: tents, boats, and so on. We will also outfit each of you with rubber boots, rain gear, warm overclothes, and a sleeping bag.

You will need to provide the rest, but please note: if you do not already own these, you will want them anyway to be comfortable through the Alaskan winter. And, there will be 'shopping' opportunities once you are in Anchorage, before we set out for the Yukon River. By having good gear appropriate for the activity and conditions, you will be able to take care of yourself and others, and enjoy and learn fully.

Some principles:

- A. Get the basics, you will use them often at APU. This includes base layers, footwear, hats/gloves, shells, and some "miscellaneous."
- B. Look for durable, lightweight gear good in cold, damp, environments. Do not bring cotton or cotton blend clothes.
- C. Shop around. Discount/outlet stores – and second-hand stores in Anchorage - can have heavily discounted items.
- D. When in doubt, email the instructors or wait until you arrive at APU.

We look forward to meeting you and having an excellent course!

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Have Need

Head

- Baseball cap
- Wool Synthetic ski hat
- Scarf, buff, or neck warmer

Torso (No Cotton!)

- Wool/synthetic base layers
- T-shirt
- Some sweaters, fleece layers, or light warm jacket
- Wind shell (optional)

Legs (No Cotton!)

- Wool/synthetic base layers
- Whatever you wear for undies
- Nylon athletic shorts (optional)

Have Need

Hands

- Some kind of gloves for warmth

Feet

- Sneakers
- Socks- wool or synthetic

Non-Clothing Items

- Sunglasses
- Water bottle
- Day Pack
- Bandanna/handkerchiefs
- Small flashlight or headlamp
- Toiletries and personal care items
- Pencils and pens

