

# JOIN SWAM!



SWAM is an adult swim team for swimmers of all abilities. Regardless of the swimmer's age, goals, and ability, we strive to provide a healthy environment where people can have fun, exercise, meet friends, and grow and learn in the process.

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## Your first swim with SWAM is free!

Our practice times:

- M/W/F 5:50 - 6:50 a.m.
- T/TH 6:00 - 7:00 p.m.
- Sat 9:00 - 10:00 a.m.

At the **Moseley Center Pool at APU.**

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Then, join the national US Masters club:

- If you are new to US Masters, you qualify for the 30 day Free Tryout US Masters Membership.
- Otherwise, join/renew at their website: [usms.org](https://usms.org)
- This is required for our insurance.

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1. Click on "Documents" tab on our website [www.akmswim.org/SWAM](http://www.akmswim.org/SWAM) for a New Swimmer Packet
2. This includes a questionnaire about your experience and goals that is shared with our coaches.
3. Pay your dues either through Venmo @SWAMpay2023 or by cash or check placed in the wooden SWAM box at the APU pool.



Dues:

- Monthly Fee: \$99 to attend any or all practices during the month (Venmo: \$101.50)
- Bronze Fee: \$69 to attend 8 swims during the month (Venmo \$70.50)
- Drop in Fee: \$10 per swim (Venmo \$10.50)
- SWAM welcomes first time members at the one month tryout price of just \$60.00.
- APU students swim for free, but must join US Masters.

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## Have fun swimming with SWAM!

QUESTIONS? EMAIL OUR CLUB PRESIDENT:

[MCATESON@ALASKAPACIFIC.EDU](mailto:MCATESON@ALASKAPACIFIC.EDU)