

# Bachelor of Arts Counseling Psychology

Counseling Psychology at APU is uniquely designed for Alaskans seeking a program focused on knowledge and skills that prepare them to move immediately into careers in behavioral health, addictions treatment, and other related helping fields.

This wellness, strengths, and skills-based program balances a theoretical foundation with applied, hands-on learning to make you career-ready. Service-based field trips help you build connections with service agencies that lead to practicum, internship, and job opportunities.



## Career Opportunities

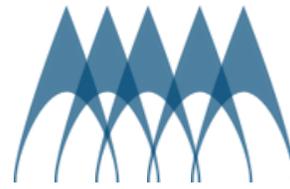
- Behavioral health and chemical dependency counseling
- Program supervisor
- Graduate school



**ALASKA  
PACIFIC**  
UNIVERSITY

# Counseling Psychology

Bachelor of Arts



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PACIFIC  
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## Core Competencies

Effective Communication  
Critical Thinking  
Cultural & Historical Perspective  
Scientific Inquiry  
Ethical Engagement

## Foundational Studies

Written Communication (4)  
Presentation & Media Literacy (3-4)  
Critical Thinking (3-4)  
Computation (3-4)  
Intellectual Traditions (4)  
Creative Endeavors (4)  
Intercultural & Spiritual Understandings (3-4)  
Biological/Physical Scientific Inquiry (4)  
Social/Behavioral Scientific Inquiry (3-4)  
Social Responsibility (2)  
Personal Responsibility (1-2)

## Major Studies

Introduction to Psychology (4)  
Professional Orientation & Ethics (4)  
Lifespan Human Development (4)  
Statistics for Behavioral Sciences (4)  
Research Methods in Psychology (4)  
Diversity and Social Justice (4)  
Focused Electives (16)

- Behavioral Health Interventions
- Family Systems
- Counseling Skills
- Adventure Therapy
- Crisis Intervention & Community Resource

## Self-Determined Studies

Students are encouraged to expand on one of the elective areas above or to declare a minor. Some classes may count towards a State of Alaska certification as a Chemical Dependency Counselor I or a Behavioral Health Counselor I.

The list above is a sample of course offerings and not a full list of program requirements. APU is accredited by the Northwest Commission on Colleges and Universities. APU is an Equal Opportunity institution.

## Admission Requirements

Application  
Application Fee\*  
Official Final High School Transcript\*\*  
Official College Transcript(s)

\*Fee waiver available for those who qualify  
\*\* If less than 24 college credits earned



Get started today!

Minimum GPA: 2.5 or higher - If you have a GPA lower than 2.5, there is an additional step in the admissions process, and we are happy to work with you to complete your application.

## Send Documents



APU Office of Admissions  
4101 University Dr.  
Anchorage, AK 99508

Fall & Spring semester  
start dates!



admissions@alaskapacific.edu

## Degree Completion & Course Delivery



128 credits minimum are required to complete the degree program. Core competencies, foundational, major, and self-determined studies are offered in a mixed format of:

- On-campus
- Online via synchronous learning

## Questions?



admissions@alaskapacific.edu



1-907-564-8248



alaskapacific.edu



@apu.admissions