

POOL HOURS

Adult Lap Swim



Monday - Friday
7 - 9 am
Mon / Wed / Fri
11 am - 12 pm &
1 - 3 pm
Tues / Thurs
11 am - 5:30 pm

WEEKENDS

Starts Oct. 3 - Dec. 13

Saturday 3 - 5 pm

Sunday 1 - 5 pm

Family Swim



Tues / Thurs
3:30 - 5:30 pm

**Start Oct. 3 -
Dec. 13**

Sat / Sun
3 - 5 pm

Water Aerobics



Mon / Wed / Fri
12 - 1 pm
No Extra Fees

Passes

~ GOLD PASS ~

	Day Pass	10 Visit	Semester	Family
General Public 16-61 yrs	\$10	\$75	\$225	\$260
62+ yrs 16- yrs Alumni Visiting Student	\$8	\$55	\$155	\$235
2-5 yrs	\$4	\$30	~	~
APU Employee /Student	\$0	\$0	\$0	\$50

**Includes Pool, Atwood Fitness Center,
Rock Wall, and Gymnasium**

~ BLUE PASS ~

	Day Pass	10 Visit	Semester	Family
General Public	\$8	\$65	\$190	\$235
16 yrs - 62 yrs + APU Alumni Visiting Student*	\$6	\$45	\$135	\$180
APU Employee Student	\$0	\$0	\$0	\$50

NO POOL Access

- 10-visit passes expire two years from the date of purchase.
- Family Semester passes are valid for four direct family members and the pass holder. Each additional family member is \$10.
- *Any Visiting High School or College Student
- Please bring your ID to verify student, staff, or senior status.

FALL SEMESTER
August 17 ~ December 18
2026



RECREATIONAL PROGRAMS

**Moseley Sports Center
Atwood Rec. Center**

907-564-8314

moseley@alaskapacific.edu

4400 University Dr.

Anchorage AK 99508

Programs

Open Boating & Clinics



- Thursday Nights
- 7:30 - 9:30pm
- \$20
- Clinics as requested or TBD \$80
- Call or email Outdoor Programs to sign up.

American Red Cross



- Swim Instructor & Shallow Water Lifeguard Certifications.
- High demand and purposeful work.

Swim Lessons



- Water Safety Focused
- Certified Instructors
- Emphasis on proper technique

Moseley Gymnasium

OPEN GYM HOURS

Mon. Wed. & Fri. 12 pm - 2 pm
Tue - Thur 12 pm - 5:30 pm

CLOSURES

Sept. 7 Labor Day
Sept 23-25 Blue and Gold Fundraiser
Oct. 9-12 Indigenous Day Event
Oct. 20-24 AFN Basketball Tournament
Nov. 6-7 Health Fair
Nov. 12-15 Event
Nov. 20-21 Made In AK Craft Fair
Nov. 26-27 Thanksgiving



Contact

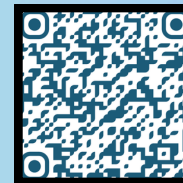
Pool and Basketball Gymnasium

907-564-8314
moseley@alaskapacific.edu

Atwood Rec. Center / Gear Room / Outdoor Programs

907-564-8614
op@alaskapacific.edu

Massage Therapy



Michael Henrich, LMT

To schedule an appointment, please call or text
907-632-6440



Our massage room is located in the Moseley Sports Center.

Atwood Rec. Center

Weight Room & Rock Wall

Hours

Aug. 24 - Sept. 18

- Mon / Wed / Thur
◦ 10 am - 6 pm
- Tue / Fri
◦ 10 am - 4 pm

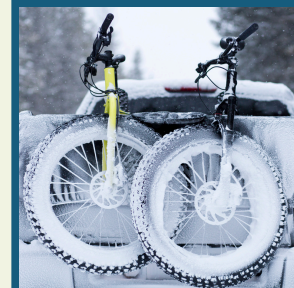
Sept. 21 - Dec. 11

- Mon / Wed / Thur
◦ 10 am - 9 pm
- Tue / Fri
◦ 10 am - 4 pm
◦ 6 pm - 9 pm

CLOSED: TUE / FRI 4-6 PM, HOLIDAYS & WEEKENDS



Located in the Atwood Center Basement.



Outdoor Gear Rentals

10:15 am - 5:45 pm
907 564-8614
op@alaskapacific.edu